

Biography

Yael completed her Masters and PhD in Clinical Psychology at the University of New South Wales (2011) and her postdoctoral fellowship at the University of Pennsylvania (2013) under the supervision of Dr Aaron Beck. Currently, she leads the Youth Mental Health team at The Kids Research Institute Australia in Perth and is an Adjunct Associate Professor at the University of Western Australia. She is also Chair of the Australian Regional Network for the International Partnership for Queer Youth Resilience (INQYR). Yael's research is focused on preventing mental health difficulties and promoting mental wellbeing in marginalised young people, especially LGBTQA+ youth. She works in partnership with young people, families, service providers, policymakers and other stakeholders to understand the factors that contribute to poor mental health and the ways in which mental health can be improved. Her research aims to collaboratively develop and implement evidence-based resources and interventions targeted to specific audiences, with a focus on using digital technologies to promote engagement and access. Yael is passionate about advocating for LGBTQA+ rights, and was an invited Expert Advisory Group member for Australia's first national LGBTQA+ Health & Wellbeing 10 Year Action Plan.

Qualifications

Clinical Psychology, Masters/PhD, University of New South Wales (UNSW)
Award Date: 24 Mar 2011

Research outputs

Online interventions for the mental health needs of trans and gender diverse young people
Perry, Y., Strauss, P. & Lin, A., 1 Feb 2018, In: The Lancet Psychiatry. 5, 2, p. e6

Grants (ROAP awards)

Improving health outcomes via the Australian Research Consortium for Trans Youth and Children (ARCTYC)
Lin, A. (Investigator 01), Furzer, B. (Investigator 02), Perry, Y. (Investigator 03), Cavve, B. (Investigator 04), Morgan, H. (Investigator 05), Cooper, M. (Investigator 07) & Strauss, P. (Investigator 08)
MRFF Medical Research Future Fund : A\$1,406,605.00
1/07/24 → 30/06/28

Grants (ROAP projects)

Digital interventions to improve the mental health of West Australian LGBTQA+ young people
Perry, Y. (Investigator 01)
Stan Perron Charitable Foundation
1/01/23 → 31/12/27

Exploratory Research Grant - Developing an online game to prevent depression in trans and gender diverse young people
Perry, Y. (Investigator 01), Lin, A. (Investigator 02), Winter, S. (Investigator 03) & Strauss, P. (Investigator 04)
Healthway
1/01/18 → 31/12/18

Improving health outcomes via the Australian Research Consortium for Trans Youth and Children (ARCTYC)
Lin, A. (Investigator 01), Furzer, B. (Investigator 02), Perry, Y. (Investigator 03), Cavve, B. (Investigator 04), Morgan, H. (Investigator 05), Cooper, M. (Investigator 07) & Strauss, P. (Investigator 08)
MRFF Medical Research Future Fund
1/07/24 → 30/06/28

Intervention Research Grant - A digital intervention to enhance parental support of gender diverse youth
Perry, Y. (Investigator 01) & Lin, A. (Investigator 02)
Healthway
1/03/20 → 29/02/24

Mindful Self-Compassion for LGBTIQ youth: A multi-site randomized controlled trial
Lin, A. (Investigator 01), Finlay-Jones, A. (Investigator 02), Perry, Y. (Investigator 03), Strauss, P. (Investigator 04) & Ohan, J. (Investigator 05)
Australian Rotary Health Research Fund
1/01/20 → 31/12/21

Pride Yarns: Development and Trial of an Inter-generational Intervention for Supporting Aboriginal and Torres Strait Islander LGBTQA+ Young Peoples' Wellbeing

Lin, A. (Investigator 01) & Perry, Y. (Investigator 02)
MRFF Medical Research Future Fund
1/01/24 → 31/10/26

Research Excellence Award - Yael Perry

Perry, Y. (Investigator 01)
Department of Health (Western Australia)
30/06/22 → 31/05/25

Targeted suicide prevention for LGBTIQ young people

Perry, Y. (Investigator 01)
Cockell Research Collaboration Awards
1/01/19 → 31/12/19

Understanding and promoting the social and emotional wellbeing and mental health of Aboriginal and Torres Strait Islander LGBTIQ young people

Lin, A. (Investigator 01), Soldatic, K. (Investigator 02), Hill, B. (Investigator 03), Uink, B. (Investigator 04), Perry, Y. (Investigator 05) & Briskman, L. (Investigator 06)
NHMRC National Health and Medical Research Council
1/02/19 → 31/01/25

Youth Safe Haven: an alternative to the emergency department for youth at risk of suicide in the Peel region

Lin, A. (Investigator 01), Perkins, A. (Investigator 02), Poller, A. (Investigator 03), Britton, E. (Investigator 04), Nockolds, D. (Investigator 05), Hill, N. (Investigator 06), Perry, Y. (Investigator 07), Uink, B. (Investigator 08), Francis, J. (Investigator 09), Alvares, G. (Investigator 10), Mitrou, F. (Investigator 11), Bullen, J. (Investigator 12), Saldaris, J. (Investigator 13), Downs, J. (Investigator 14), Passmore, H. (Investigator 15), Jackson, B. (Investigator 16) & Strauss, P. (Investigator 17)
Department of Health (Western Australia)
1/06/22 → 31/05/23

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