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1 Effects of cytokine suppressive anti-inflammatory drugs (CSAIDs) on inflammatory  
2 activation in *ex-vivo* human and ovine fetal membranes.

3

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24 **Short title:** CSAIDs inhibit fetal membrane inflammation *ex vivo*.

25 **ABSTRACT (250 words)**

26 Intrauterine infection and inflammation are responsible for the majority of early (<32 weeks)  
27 spontaneous preterm births (sPTB). Anti-inflammatory agents, delivered intraamniotically  
28 together with antibiotics, may be an effective strategy for preventing PTB. In this study, the  
29 effects of four cytokine-suppressive anti-inflammatory drugs (CSAIDs: N-acetyl cysteine  
30 [NAC], SB239063, TPCA-1 and NEMO binding domain inhibitor [NBDI]) were assessed on  
31 human and ovine gestational membrane inflammation. Full-thickness membranes were  
32 collected from healthy, term, human placentas delivered by Caesarean section (n=5). Using a  
33 Transwell model they were stimulated *ex-vivo* with  $\gamma$ -irradiation-killed *E. coli* applied to the  
34 amniotic face. Membranes from near-term, ovine placentas were stimulated *in-utero* with  
35 either lipopolysaccharide (LPS), *Ureaplasma parvum* or saline control and subjected to  
36 explant culture. The effects of treatment with CSAIDs or vehicle [1% DMSO] on  
37 accumulation of PGE<sub>2</sub> and cytokines (human IL-6, IL-10, TNF- $\alpha$ ; ovine IL-8) were assessed  
38 in conditioned media at various time points (3-20 h). In human membranes, the IKK $\beta$   
39 inhibitor TPCA-1 (7  $\mu$ M) and p38MAPK inhibitor SB239063 (20  $\mu$ M) administered to the  
40 amniotic compartment were the most effective in inhibiting accumulation of cytokines and  
41 PGE<sub>2</sub> in the fetal compartment. NAC (10 mM) inhibited accumulation of PGE<sub>2</sub> and IL-10  
42 only; NBDI (10  $\mu$ M) had no significant effect. In addition to the fetal compartment,  
43 SB239063 also exerted consistent and significant inhibitory effects in the maternal  
44 compartment. TPCA-1 and SB239063 suppressed ovine IL-8 production, whilst all CSAIDs  
45 tested suppressed ovine PGE<sub>2</sub> production. These results support the further investigation of  
46 intraamniotically delivered CSAIDs for the prevention of inflammation-mediated preterm  
47 birth.

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## INTRODUCTION

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Preterm birth (PTB) remains a persistent obstetric challenge associated with significantly increased risk of neonatal mortality as well as short-term and long-term morbidities (Goldenberg *et al.* 2008). The world-wide PTB rate is around 9.6%, with rates typically lower in developed countries (5-8%) and higher in developing nations (8-18%) (Lawn *et al.* 2010). In addition to its impact on individuals and their families, PTB carries a substantial economic cost, estimated to be ~\$26 billion annually in USA in 2005 (Behrman & Stitch Butler 2006). Intrauterine infection and associated inflammation (most frequently diagnosed as presence of histological chorioamnionitis) have been identified as a cause of 30–40% of all spontaneous PTB. Up to 70% of very early spontaneous PTBs (<32 weeks gestation) are due to intrauterine infection-inflammation (Goldenberg *et al.* 2008).

Prophylactic antibiotic therapy has been extensively studied in the context of PTB prevention, with mixed results. While some studies have shown that administration of antibiotics (e.g. clindamycin) to high risk women early in pregnancy (<20 weeks gestation) can have positive benefits in terms of reduced PTB rates and improved perinatal outcomes (Lamont *et al.* 2011), the majority of trials have failed to show significant benefits (Barros *et al.*) and in some studies have even been shown to be harmful. The reasons for this are several fold, and include issues related to participant selection and antibiotic efficacy, tissue biodistribution and microbial resistance (Keelan 2011). In addition, bacteriocidal antibiotics cause bacterial lysis and release of endotoxins, further activating the innate immune system and promoting the release of prostaglandins which may actually stimulate the onset of labour (Dofferhoff *et al.* 1991, Hurley 1995, Holzheimer 2001).

74 We and others have proposed that a combined anti-inflammatory/antibiotic approach may be  
75 more effective than antibiotics alone in treating intrauterine infection-inflammation,  
76 prolonging pregnancy and preventing fetal exposure to an inflammatory environment (Keelan  
77 2011, Grigsby *et al.*). Our present focus is on the intraamniotic administration of anti-  
78 inflammatory/antimicrobial agents in order to maximise therapeutic efficacy at the site of  
79 infection/inflammation, while minimising the risks of undesirable side-effects through the  
80 reduction of unintended maternal or fetal exposure. Most of the literature on anti-  
81 inflammatory drugs in PTB has focussed on non-steroidal anti-inflammatory drugs (NSAIDs)  
82 - prostaglandin synthesis inhibitors which have widespread applications but which have been  
83 associated with significant fetal side-effects (Kaplan *et al.* 1994, Nakhai-Pour *et al.* 2011).  
84 On the other hand, cytokine-suppressive anti-inflammatory drugs (CSAIDs) work by  
85 interfering with inflammatory signalling cascades and are therefore able to specifically block  
86 infection-mediated inflammation without some of the deleterious side-effects of NSAIDs  
87 (Lee *et al.* 1989) (Keelan 2011). CSAIDs have been shown to block inflammation in a variety  
88 of animal models of chronic inflammation (Underwood *et al.* 2000, Ward *et al.* 2001,  
89 Buhimschi *et al.* 2003, Jimi *et al.* 2004, di Meglio *et al.* 2005) as well as in human fetal  
90 membranes (Lappas *et al.* 2003, De Silva *et al.* 2010).

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92 In the present study, we evaluated four CSAIDs that target two key signalling pathways  
93 known to be involved in inflammatory activation of fetal membranes: nuclear factor kappa B  
94 (NF- $\kappa$ B) (Lindstrom & Bennett 2005) and p38 mitogen-activated protein kinase (p38MAPK)  
95 (Lappas *et al.* 2007). The CSAIDs were: 1) NEMO binding domain inhibitor (NBDI); 2) N-  
96 acetyl cysteine (NAC); 3) TPCA-1 ([5-(*p*-fluorophenyl)-2-ureido] thiophene-3-carboxamide);  
97 and 4) SB239063 (trans-1-(4-hydroxycyclohexyl)-4-(4-fluorophenyl)-5-[2-methoxy]pyrim-  
98 idin-4-yl]imidazole). An intraamniotic model of drug delivery was employed, as this

99 approach allows for the targeting of gestational membranes and tissues (the key sites with  
100 respect to intraamniotic infection-driven PTB) with minimal risk of unintended maternal  
101 immune modulation.

102

103 This study aimed to assess and compare the anti-inflammatory efficacies of the four chosen  
104 CSAIDs on human and ovine gestational membranes using *ex-vivo* models of intraamniotic  
105 drug administration to assess their ability to inhibit inflammatory activation in both the  
106 amniotic and decidual faces of the gestational membranes.

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## MATERIALS AND METHODS

### 109 *CSAIDs*

110 Concentrations of CSAIDs were as follows: NAC (Enzo Life Sciences, New York, NY) 10  
111 mM; NBDI (China Peptides, Shanghai, China) 10  $\mu$ M; TPCA-1 (Merck Millipore,  
112 Darmstadt, Germany) 7  $\mu$ M; SB239063 (Alexis Biochemicals, Lausen, Switzerland) 20  $\mu$ M.  
113 Doses of CSAIDs were based on pilot studies or published data on *in-vitro* efficacy  
114 (Underwood *et al.* 2000, Barone *et al.* 2001, Ward *et al.* 2001, Ju *et al.* 2002, Lappas *et al.*  
115 2003, Jimi *et al.* 2004, di Meglio *et al.* 2005, Tas *et al.* 2006, Shahin *et al.* 2009, De Silva *et*  
116 *al.* 2010, Grassia *et al.* 2010).

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### 118 *Human membrane Transwell model*

119 Full thickness gestational membranes were collected from healthy, human, term placentas  
120 (38-40 weeks gestation) delivered by Caesarean section (n=5) with the approval of the local  
121 institutional Human Research Ethics Committee. Membranes were secured over 27 mm  
122 Transwell inserts (Corning Inc., Lindfield, Australia) and placed in 6-well culture plates  
123 containing serum-free culture media [DMEM/Ham's Nutrient Mixture F-12, phenol red-free,

124 supplemented with 15 mM HEPES pH 7.3 (Sigma-Aldrich Co., St Louis, MO.), 0.5%  
125 endotoxin-/fatty acid-free BSA (Bovogen Biologicals Pty Ltd, East Keilor, Australia) and 4  
126  $\mu\text{g}/\text{mL}$  azithromycin (Pfizer, New York, NY.). The maternal/decidual compartment contained  
127 3 mL media, while the inner/amniotic compartment contained 2.5 mL.  $\gamma$ -irradiation killed *E.*  
128 *coli* (10  $\mu\text{g}/\text{mL}$ ) and fluorescent Spherobeads (40-60 nm, 0.1 mg/mL; Spherotech Inc, Lake  
129 Forrest, IL.) were added to the inner compartment, followed by CSAIDs in 1% DMSO or  
130 vehicle (1% DMSO control) at  $t=0$  h. Membranes were incubated for 20 h at 37°C in 5%  
131  $\text{CO}_2/95\%$  air. Samples of conditioned media (100  $\mu\text{l}$ ) were taken from the fetal and maternal  
132 compartments at 0 h, 3 h, and 9 h and a final 1 mL sample was taken at 20 h. Structural  
133 integrity of the membranes was monitored by the passage of Spherobeads<sup>TM</sup> between  
134 inner/amniotic compartment and maternal/decidual compartments. Spherobead<sup>TM</sup>  
135 concentrations were measured in the fetal and maternal compartments by fluorescence using  
136 an FLx 800 plate fluorometer (BioTek Instruments Inc, Winooski, VT) at excitation 585/10  
137 nm and emission 620/15 nm. Analysis of samples from both compartments of the Transwells  
138 showed that all membranes were intact with >99% of Spherobeads<sup>TM</sup> retained within the fetal  
139 compartments and no significant fluorescence detected in the maternal compartments of any  
140 of the Transwells.

141

#### 142 ***Ovine membrane explant studies***

143 Animal studies were performed on pregnant Merino sheep (*Ovis aries*) in Western Australia  
144 with the approval of the University of Western Australia's Animal Ethics Committee  
145 (RA/3/100/1098). The sheep in this study received intraamniotic injections at  $117 \pm 2$  d  
146 gestational age (GA) of either saline (2 mL,  $n = 2$ ), LPS (O55:B5; Sigma Aldrich; 10 mg in 2  
147 mL saline,  $n = 4$ ) or *U. parvum* serovar 3 ( $10^7$  colour change units in 2 mL saline,  $n = 4$ ) 7  
148 days prior to delivery. All fetuses were surgically delivered at  $124 \pm 2$  d GA (term = 150 d)

149 for necropsy. Fetal membranes were excised at this time and transported to the laboratory in  
150 media for explant culture. Explants were prepared from each set of membranes (8 mm discs),  
151 with 3 discs placed per well in 12-well plates and incubated in serum-free culture media at  
152 37°C/5% CO<sub>2</sub>/95% air. Treatment with the CSAIDs or vehicle (DMSO, 1%) was carried out  
153 for 14 h before the explants were removed, the media stored at -80°C for later analysis and  
154 the tissues air dried overnight and weighed for normalisation.

155

### 156 *Measurement of cytokine and PGE<sub>2</sub> concentrations*

157 Accumulation of cytokines (human IL-10, IL-6, TNF- $\alpha$ ; ovine IL-8 [oIL-8]) and PGE<sub>2</sub> was  
158 measured in conditioned fetal and maternal media for the human Transwell study and from  
159 explant conditioned media for the ovine studies. Human IL-10 and TNF- $\alpha$  were measured by  
160 multiplex assay (Merck Millipore, Darmstadt, Germany) on a MAGPIX instrument (Luminex  
161 Corp, Austin, TX) as per the manufacturer's instructions. Human IL-6 was measured using an  
162 ELISA Development kit (PeproTech, New Jersey, USA) according to the recommended  
163 protocol. PGE<sub>2</sub> was measured by Prostaglandin E<sub>2</sub> EIA kit - monoclonal (Cayman Chemical  
164 Company, Michigan, USA) as per the manufacturer's instructions. Ovine IL-8 was measured  
165 by in-house ELISA calibrated against recombinant oIL-8 from Protein Express Inc.  
166 (Cincinnati, OH) using a mouse anti-sheep IL-8 monoclonal capture antibody (MCA1660: 5  
167  $\mu$ g/mL overnight) and a rabbit anti-sheep IL-8 polyclonal antibody (AHP425: 1:1000 2 h)  
168 from AbD Serotec (Raleigh, NC). Detection and quantitation involved an anti-rabbit IgG-  
169 HRPO conjugate (1:1000 1 h) and TMB substrate. The limits of detection of the IL-10, TNF-  
170  $\alpha$ , IL-6, PGE<sub>2</sub> and ovine IL-8 assays were <3.2, <3.2, 100, 7, and 33 pg/mL, respectively.  
171 Media samples were diluted 1:10 for the IL-6 assay, 1:5 for the PGE<sub>2</sub> assay, 1:2 for the IL-8  
172 assay, and were undiluted for the IL-10 and TNF- $\alpha$  assays.

173



174 ***Statistical analysis***

175 To adjust for variable baseline expression between membranes from different placentas, the  
176 concentrations of cytokines and PGE<sub>2</sub> within the conditioned media from each Transwell  
177 were expressed as a percentage of the sum of concentrations from all six Transwells from  
178 each set of membranes. The production data from the sheep explants were similarly  
179 normalised prior to statistical analysis. Data are shown as median  $\pm$  inter-quartile range (IQR)  
180 or mean  $\pm$  standard error of the mean (SEM). Unless stated otherwise, all statistical  
181 significance was assessed by one way analysis of variance (ANOVA) followed by Dunnett's  
182 *t-test* post-hoc analyses (Prism, GraphPad Software Inc., California, USA). Non-parametric  
183 data were log transformed prior to analysis. A *P*-value of <0.05 was considered significant.  
184 For analysis of basal and stimulated cytokine production rates in human membranes,  
185 significance was assessed by Wilcoxon matched pairs test, both at each individual time-point  
186 and overall.

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188

## RESULTS

189 ***Cytokine and prostaglandin production by stimulated human fetal membranes in the***  
190 ***Transwell perfusion model***

191 Figure 1 shows the baseline production of cytokines and PGE<sub>2</sub> over time (3, 9 and 20 h) in  
192 vehicle (DMSO) or *E. coli*-stimulated human Transwells. Basal PGE<sub>2</sub> accumulation in the  
193 fetal compartment increased modestly from 3 to 9 h, then declined at 20 h (**Figure 1A**); mean  
194 concentrations at 9 h were ~700 pg/mL. Basal PGE<sub>2</sub> levels were a little higher in the maternal  
195 compartment, peaking at approximately 1000 pg/mL at 9 h before declining by 20 h. With  
196 bacterial stimulation, however, levels in the fetal compartment rose markedly at 3 h to >1700  
197 pg/mL and then declined thereafter, whereas in the maternal compartment no evidence of  
198 stimulation was observed. The effect of stimulation in the fetal compartment was significant

199 at 20 h ( $P<0.05$ ) and overall time-points ( $P<0.001$ ). TNF- $\alpha$  accumulation in the fetal  
200 compartment under basal conditions also peaked at the 9 h incubation period, reaching  
201 approximately 1300 pg/mL (**Figure 1B**). Similarly, maternal basal TNF- $\alpha$  concentrations also  
202 peaked at 9 h (~2900 pg/mL), then declined to ~1000 pg/mL at 20 h. With bacterial  
203 stimulation, concentrations of TNF- $\alpha$  in the fetal compartment were significantly (2-3 fold)  
204 elevated at 3 h and 20 h ( $P<0.05$ ) (overall significance:  $P<0.001$ ), with a significant  
205 stimulation also seen in the maternal compartment ( $P<0.05$  overall). Fetal IL-10 levels were  
206 low or undetectable at 3 h, but rose to concentrations of approximately 300 pg/mL at 9 h  
207 before declining at 20 h (**Figure 1C**). Maternal basal IL-10 levels were significantly higher  
208 than fetal levels at 3 h ( $P<0.01$ ) and peaked at 1100 pg/mL at 9 h, after which they  
209 progressively declined to 20 h. Stimulation with *E.coli* failed to increase IL-10 levels in either  
210 compartment.

211

### 212 *Anti-inflammatory effects of CSAIDs on human fetal membranes*

213 Treatment of *E.coli*-stimulated human gestational membranes at the amniotic face with NBDI  
214 had no significant effects on PGE<sub>2</sub> accumulation in either compartment, although at the 9 h  
215 time point median maternal PGE<sub>2</sub> levels were reduced by approximately 50%. Treatment  
216 with NAC resulted in a non-significant 60% reduction in PGE<sub>2</sub> accumulation relative to  
217 DMSO controls in the fetal compartment at 9 h, and a smaller (~35%) reduction in the  
218 maternal compartment at 20 h (**Figure 2A**); TPCA-1 resulted in significant (~70%;  $P<0.05$ )  
219 suppression of PGE<sub>2</sub> accumulation in the fetal (but not maternal) compartment at 3, 9, and 20  
220 h post treatment (**Figure 2A**). SB239063 also significantly inhibited PGE<sub>2</sub> accumulation at  
221 all time points in the fetal compartment (80-85%;  $P<0.05$ ), but unlike TPCA-1 it was also  
222 able to significantly reduce PGE<sub>2</sub> levels in the maternal compartment (approximately 70 and  
223 87% at 9 and 20 h;  $P<0.05$  and  $<0.001$ , respectively).

224

225 Neither NBDI nor NAC significantly affected TNF- $\alpha$  levels at any time point (**Figure 2B**).  
226 TNF- $\alpha$  accumulation in the fetal compartment was, however, markedly reduced by both  
227 TPCA-1 and SB239063, with significant reductions observed at 3 h ( $P<0.01$ ), becoming  
228 more evident at 9 and 20 h ( $P<0.001$ ). TPCA-1 significantly reduced maternal TNF- $\alpha$   
229 accumulation by ~75% at 9 h ( $P<0.05$ ). SB239063 was again the most effective anti-  
230 inflammatory agent in the maternal compartment with significant inhibitions of ~95% and  
231 ~62% seen at 9 and 20 h, respectively ( $P<0.001$ ).

232

233 NBDI had no effect on IL-10 production in either compartment; however, IL-10  
234 accumulation was inhibited by the other CSAIDs at the 9 and 20 h time points (**Figure 2C**).  
235 Within the fetal compartment, NAC, TPCA-1, and SB239063 all resulted in significant  
236 reductions in IL-10 production with effects at 20 h in the region of 85-92% ( $P<0.001$ ). The  
237 same three CSAIDs reduced IL-10 accumulation in the maternal compartment, but the level  
238 of inhibition did not reach statistical significance due to large variability in the vehicle  
239 controls. The inhibitory effect of the anti-inflammatory agents tended to increase with time,  
240 although this trend was not statistically significant. The effect was most apparent for IL-10  
241 (**Fig 2C**).

242

243 Inhibition of IL-6 accumulation was assessed at 20 h only, due to insufficient media at the  
244 earlier time points. Once more, NBDI failed to exert significant effects. There was again a  
245 trend towards inhibition by NAC and TPCA-1 in the fetal compartment, although the degree  
246 of inhibition was more modest than that seen for the other cytokines (38-62%) (**Figure 2D**).  
247 SB239063 was the most effective anti-inflammatory agent in both compartments and  
248 significantly inhibited IL-6 accumulation at the 20 h time-point ( $P<0.05$ ).

249

250 *Anti-inflammatory effects of CSAIDs on ovine fetal membrane explants*

251 The efficacies of the four CSAIDs were evaluated in full thickness gestational membranes  
252 from near-term sheep. Explants were employed for the ovine studies as attempts to replicate  
253 the human Transwell study with ovine membranes were not successful. CSAID dosages and  
254 incubation times were based on results from the human studies. Samples were initially  
255 assayed for ovine IL-1 $\beta$ , IL-8, IL-10, TNF- $\alpha$ , MCP-1 and PGE<sub>2</sub>; however, only  
256 concentrations of IL-8 and PGE<sub>2</sub> were above the detection limits of the assays employed and  
257 generated meaningful data.

258

259 Median PGE<sub>2</sub> concentration in media from full-thickness gestational membrane explants  
260 from saline treated sheep was 9.1 pg/mg tissue at 14 h, while median oIL-8 levels were 53.0  
261 pg/mg tissue. Membranes from sheep stimulated with LPS or *U. Parvum* exhibited modest  
262 and variable increases in production of oIL-8 and PGE<sub>2</sub> that did not reach statistical  
263 significance compared to saline-treated controls. Therefore, the data from all three groups  
264 (n=9 sets of membranes) were analysed collectively.

265

266 In contrast to the human study, NBDI was as effective as the other CSAIDs at inhibiting  
267 PGE<sub>2</sub> accumulation in ovine gestational membranes. PGE<sub>2</sub> accumulation was significantly  
268 inhibited (65-71%;  $P<0.01$ ) by all four CSAIDs compared to the DMSO vehicle treated  
269 explants (**Figure 3A**). However, NBDI and NAC had no effect on oIL-8 levels, and the  
270 effects of NAC treatment on oIL-8 levels was particularly variable. TPCA-1 significantly  
271 reduced oIL-8 accumulation by 80%; ( $P<0.01$ ), while SB239063 significantly reduced oIL-8  
272 levels by ~60% ( $P<0.01$ ) (**Figure 3B**).

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## DISCUSSION

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Preterm birth remains a major obstetric issue throughout the world and is associated with significant perinatal morbidity and mortality and life-long health and economic consequences. In 2010, 14.9 million preterm deliveries occurred worldwide, from which over 1 million infants died as a result of their prematurity (Blencowe *et al.* 2012). Despite decades of research on PTB aetiologies, few therapeutic options are available to women at risk of delivering preterm. Here, we have investigated the *ex-vivo* efficacy of a number of anti-inflammatory agents based on the hypothesis that intraamniotic CSAID administration can provide a pharmacological strategy for the prevention of infection/inflammation-mediated PTB. The CSAIDs selected for the present study were 1) NBDI, a cell permeable peptide that spans the NF- $\kappa$ B essential modifier (NEMO) binding domain (NBD) sequence (Madge & May 2009) which has been shown to block inflammation effectively in *in-vivo* animal models (Jimi *et al.* 2004, di Meglio *et al.* 2005, Tas *et al.* 2006, Grassia *et al.* 2010); 2) N-acetyl cysteine (NAC), a powerful antioxidant and free radical scavenger which has been shown in a randomised controlled trial to reduce the rate of preterm birth when taken orally in women with a history of preterm birth and in whom bacterial vaginosis has recently been treated (Shahin *et al.* 2009); 3) TPCA-1, a selective IKK $\beta$  inhibitor (Podolin *et al.* 2005, Kondo *et al.* 2008) that is effective at inhibiting inflammation *in-vitro* (Podolin *et al.* 2005, Sachse *et al.* 2011) and *in-vivo* (Birrell *et al.* 2006); 4) SB239063, a selective, potent and cell permeable p38MAPK inhibitor which has previously been shown to suppress inflammation *in-vivo* (Underwood *et al.* 2000, Barone *et al.* 2001, Ward *et al.* 2001, Ju *et al.* 2002). They were studied in a human Transwell system to model the structural characteristics of intact gestational membranes and allow the assessment of efficacy of intraamniotic anti-inflammatory drug delivery at both the maternal and fetal faces of the membranes. In parallel,

299 *in-vivo* stimulated ovine fetal membranes were also exposed to the CSAIDs to allow a  
300 comparison of efficacy between ovine and human tissues. DMSO vehicle was employed as  
301 previous studies in our laboratory have indicated that this solvent does not significantly alter  
302 inflammatory cytokine production by gestational tissues.

303

304 While all four CSAIDs showed some degree of efficacy in both models, two were clearly  
305 superior: the IKK $\beta$  inhibitor TPCA-1 and the p38MAPK inhibitor SB239063. At the  
306 concentrations employed, both of these compounds induced profound inhibitory effects on  
307 cytokine and prostaglandin accumulation in the fetal compartment of the Transwell model,  
308 with the MAPK inhibitor exerting more modest effects in the maternal compartment. The  
309 same degree of inhibition by these two CSAIDs was also seen in the ovine explant model,  
310 regardless of mode of stimulation. These findings support our hypothesis and provide  
311 rationale for the further investigation of these compounds in human gestational tissues  
312 derived from spontaneous preterm deliveries.

313

314 The central importance of NF- $\kappa$ B activation in the regulation of inflammatory gene  
315 expression is well recognised. We have previously shown that 5-7  $\mu$ M TPCA-1 achieved  
316 ~90% suppression of pro-inflammatory cytokine production and blocks nuclear translocation  
317 of p65/RelA in LPS-stimulated choriodecidual cells (De Silva *et al.* 2010). Until now, no  
318 studies have examined the effect of TPCA-1 in full thickness gestational membranes although  
319 it has been shown to be an effective inhibitor of the NF- $\kappa$ B pathway in a variety of other  
320 inflammatory models (Podolin *et al.* 2005, Birrell *et al.* 2006, Kondo *et al.* 2008, Du *et al.*  
321 2012). Interestingly, in the present study the actions of TPCA-1 were primarily restricted to  
322 the fetal (amniotic) compartment. This may reflect a lack of ability to penetrate the  
323 membrane barrier, restricting its actions to the amniotic epithelium, or may indicate that a

324 higher dose is required to more completely block the trans-membrane inflammatory  
325 signalling cascades. TPCA-1 also reduced PGE<sub>2</sub> and IL-8 production from ovine fetal  
326 membranes, confirming its effectiveness as an IKK $\beta$  inhibitor in the ovine species.

327

328 In contrast, the p38MAPK inhibitor SB239063 was much more effective at inhibiting  
329 cytokine and prostaglandin accumulation at the maternal face, suggesting that it is either  
330 considerably more membrane-permeable or has more profound effects on initial  
331 inflammatory signalling pathways. Its similar potency to TPCA-1 in the ovine explant model  
332 would argue against the latter hypothesis. To date, no studies have characterised the  
333 expression and activity patterns of MAPKs during inflammation in human gestational  
334 membranes, although MAPKs are known to respond to infectious stimuli and regulate the  
335 production of pro-inflammatory cytokines (Underwood *et al.* 2000, Barone *et al.* 2001, Ward  
336 *et al.* 2001, Ju *et al.* 2002, Shoji *et al.* 2007). Regardless, our results highlighted SB239063 as  
337 a potentially effective anti-inflammatory agent useful for preventing inflammation-driven  
338 PTB.

339

340 At the concentration used (10  $\mu$ M) NBDI was unable to inhibit production of any of the  
341 measured inflammatory markers in either compartment of the human Transwell model. We  
342 had selected a dose of 10  $\mu$ M of NBDI as this peptide has been successfully used at 0.1 - 1  
343  $\mu$ M in a study of injury induced inflammation in rats (Grassia *et al.* 2010). Surprisingly  
344 though, it was notably more effective in the ovine explants at suppressing PGE<sub>2</sub>  
345 accumulation. It remains to be determined whether a species difference in binding affinity or  
346 a relative insensitivity of the amnion membrane might explain these observations.

347

348 NAC, which exerts its effects through dampening of oxygen free radical reactions, has been  
349 shown to suppress NF- $\kappa$ B DNA binding activity in all three layers of gestational membranes  
350 at  $\geq 10$  mM (Lappas *et al.* 2003). In our study, NAC (10 mM) was not a particularly effective  
351 inhibitor of fetal membrane cytokine production, but did appear to reduce PGE<sub>2</sub> accumulation  
352 in the fetal side of the human Transwells. It also significantly reduced PGE<sub>2</sub> levels in  
353 conditioned media from sheep membrane explants. NAC can directly inhibit prostaglandin  
354 biosynthesis via inhibition of the production of PGH<sub>2</sub> by cyclooxygenases (De Flora *et al.*  
355 2001), a reaction which involves a free radical step (Rouzer & Marnett 2009), so its effects  
356 on prostaglandin inhibition are consistent with expectations. These findings add some weight  
357 to the evidence that NAC might be an effective anti-inflammatory agent within the pregnant  
358 uterus (Lappas *et al.* 2003) and may be useful at preventing spontaneous PTB in some  
359 pregnancies (Shahin *et al.* 2009, Awad *et al.* 2011). The effectiveness of intraamniotic  
360 delivery of NAC *in-vivo* has not yet been explored.

361

362 The ovine membrane explant model used in this study employed membranes exposed *in-vivo*  
363 to either saline, LPS or *U. parvum*. This model has been developed over many years and is  
364 now extensively employed in obstetrics research (Kallapur *et al.* 2001, Moss *et al.* 2003,  
365 Moss *et al.* 2005). Unexpectedly, we did not observe a consistent and significant difference in  
366 PGE<sub>2</sub> or IL-8 production from control or stimulated membranes, although mean levels of  
367 both mediators were 2-3 fold higher in the stimulated membranes compared to controls. The  
368 inter-animal variability might have been due to regional differences in levels of activation of  
369 membranes. Due to the lack of significance, the data from all membranes were combined and  
370 hence we are unable to make conclusions regarding the efficacy of the CSAIDs with respect  
371 to different stimuli.

372



373

374 In conclusion, the results presented in this study identified TPCA-1 and SB239063 as  
375 CSAIDs of promise for pharmacological prevention of intraamniotic inflammation. Further  
376 *in-vivo* studies are justified to explore their ability to ameliorate the negative effects of  
377 intrauterine infection-driven inflammation. In combination with an effective antibiotic  
378 regimen, CSAIDs administered intraamniotically may have significant clinical benefits in  
379 treating pregnancies at high risk of spontaneous PTB due to intrauterine infection-  
380 inflammation.

381

#### 382 **DECLARATION OF INTEREST**

383 The authors declare that there is no conflict of interest that could prejudice the impartiality of  
384 the research presented.

385

386

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389

390

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398

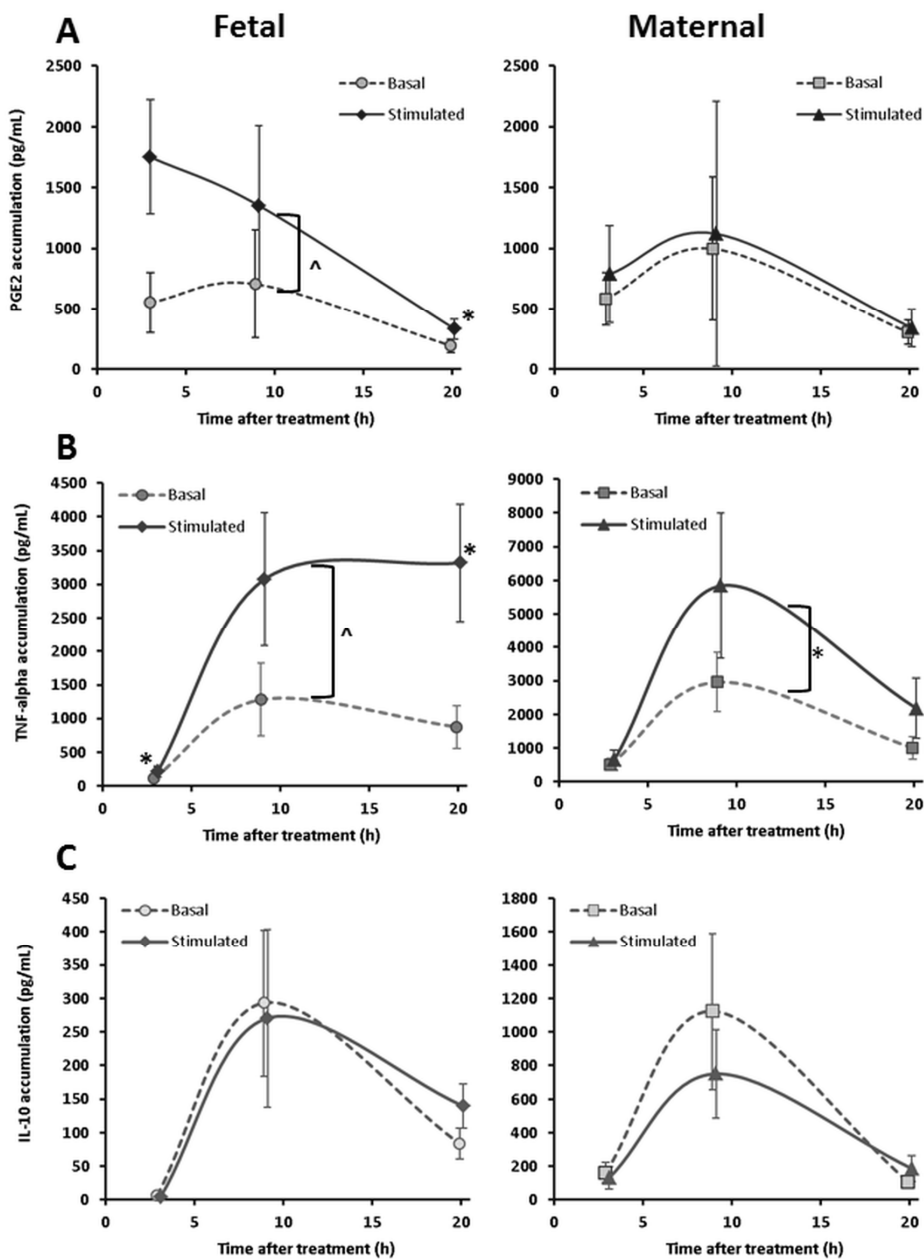
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400 **Figure legends**

401 **FIGURE 1.** Time-dependent changes in accumulation of **A: PGE<sub>2</sub>**, **B: TNF- $\alpha$** , **C: IL-10** in  
 402 the conditioned media from the maternal and fetal compartments of human fetal membranes  
 403 in the Transwell model following exposure to vehicle (basal) or 10  $\mu$ g/mL  $\gamma$ -irradiation killed  
 404 *E. coli* (stimulated) at the amniotic face. Data shown are concentration (pg/ml), mean  $\pm$  SEM  
 405 (n=5 sets of membranes). \* $P < 0.05$  and  $\wedge P < 0.001$  basal vs. stimulated by Wilcoxon matched  
 406 pairs test.

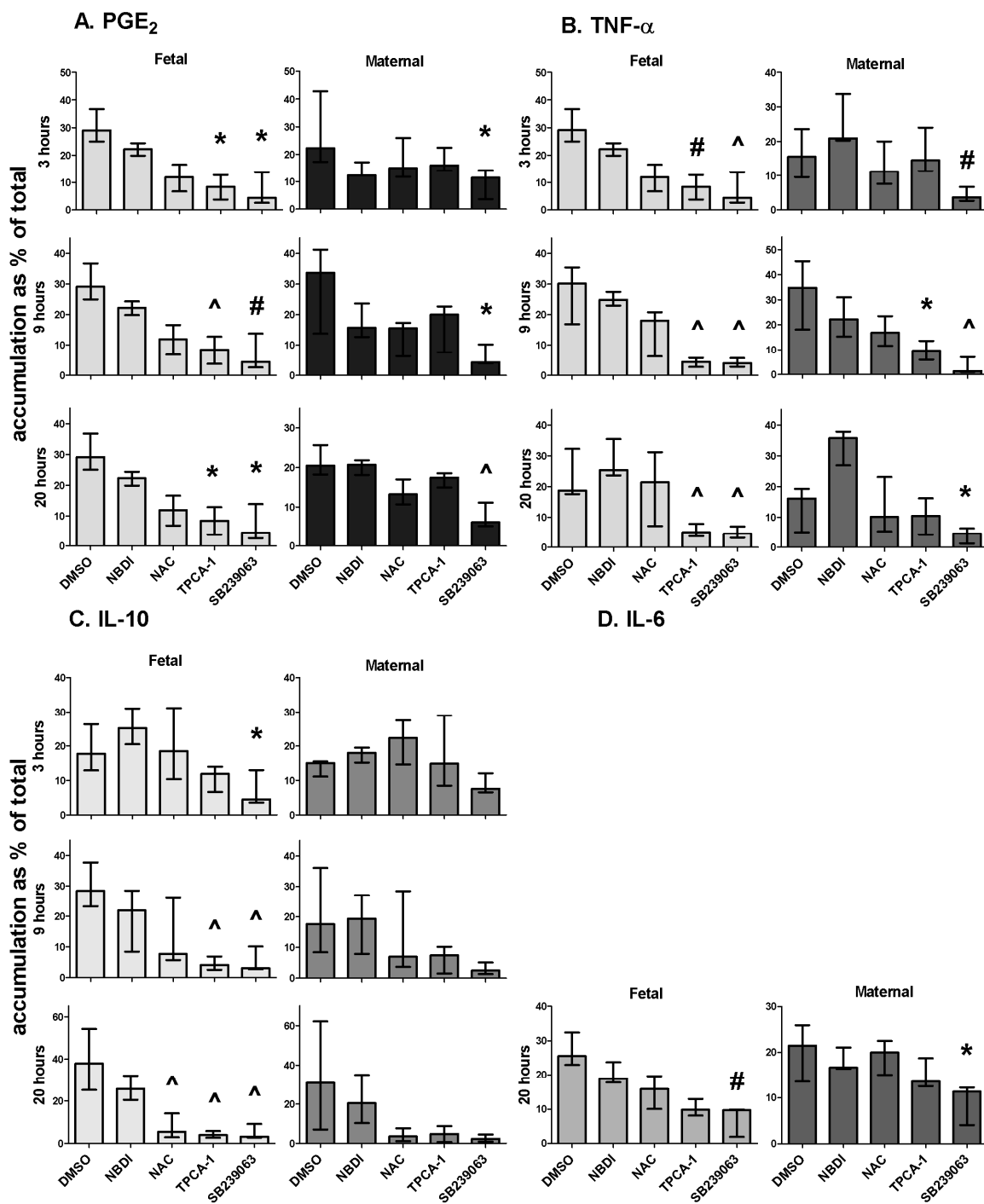
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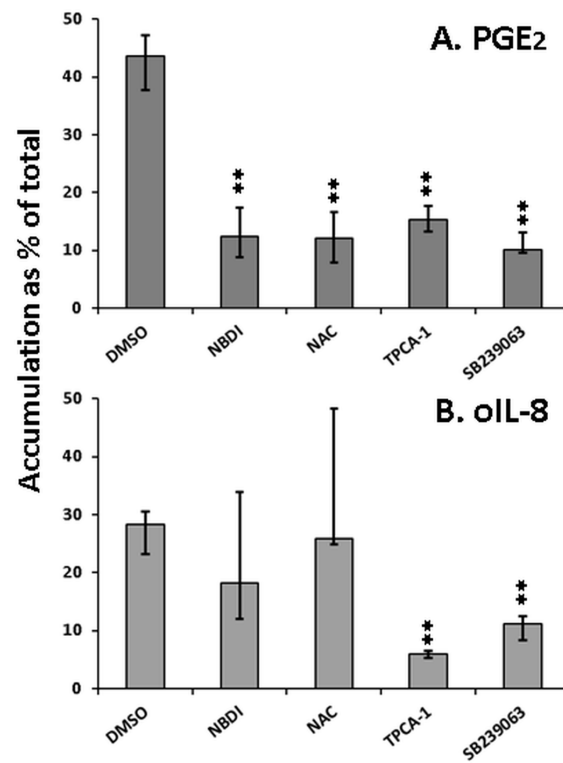


409 **FIGURE 2.** Efficacy of CSAIDs on *E. coli* stimulated **A:** PGE<sub>2</sub>, **B:** TNF- $\alpha$ , **C:** IL-10 and **D:**  
 410 IL-6 production by human full thickness fetal membranes in an *ex-vivo* Transwell perfusion  
 411 model at 3 h, 9 h and 20 h culture. Data are median  $\pm$  IQR from n=5 placentas, normalised as  
 412 a percentage of total analyte production per set of experiments. \*  $P < 0.05$ , #  $P < 0.01$ , ^  $P < 0.001$   
 413 relative to vehicle (DMSO) control. Significance was assessed by two-tailed ANOVA after  
 414 log-transformation of data.

415  
 416



417 **FIGURE 3.** Effects of CSAIDs on **A:** PGE<sub>2</sub>, and **B:** IL-8 accumulation in ovine fetal  
418 membranes (n=9) over 14 h in explant culture. Data are expressed as a % of total  
419 accumulation for each set of explants (median ± IQR). \*\*  $P < 0.01$  relative to vehicle control  
420 (DMSO). Significance was assessed by two-tailed ANOVA after log-transformation of data.  
421



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