

1 **Title**

2 Epigenome wide association study of thyroid function traits identifies novel associations of
3 fT3 with *KLF9* and *DOT1L*

4 **Running Title**

5 EWAS of thyroid function

6 **Authors (name and institution)**

7 Nicole Lafontaine^{1, 2}, Purdey J. Campbell¹, Juan E. Castillo-Fernandez³, Shelby Mullin¹, Ee
8 Mun Lim^{1,4}, Phillip Kendrew⁴, Michelle Lewer⁴, Suzanne J. Brown¹, Rae-Chi Huang⁵, Phillip E.
9 Melton^{6,7,8}, Trevor A. Mori⁹, Lawrence J. Beilin⁹, Frank Dudbridge¹⁰, Tim D. Spector³,
10 Margaret J. Wright^{11,12}, Nicholas G. Martin¹³, Allan F. McRae¹⁴, Vijay Panicker¹, Gu Zhu¹³,
11 John P. Walsh^{1,2}, Jordana T. Bell³, Scott G. Wilson^{1,3,6}

12

13 ¹ Department of Endocrinology & Diabetes, Sir Charles Gairdner Hospital, Nedlands, WA,
14 Australia

15 ² Medical School, University of Western Australia, Crawley, WA, Australia

16 ³ Department of Twin Research & Genetic Epidemiology, King's College London, London, UK

17 ⁴ Pathwest Laboratory Medicine, Nedlands, WA, Australia

18 ⁵ Telethon Kids Institute, University of Western Australia, Perth, Australia.

19 ⁶ School of Biomedical Sciences, University of Western Australia, Perth, Australia.

20 ⁷ School of Pharmacy and Biomedical Sciences, Curtin University, Perth, Australia.

21 ⁸ Menzies Institute for Medical Research, University of Tasmania, Hobart, Tasmania,
22 Australia

23 ⁹ Medical School, Royal Perth Hospital Unit, University of Western Australia, Perth, WA,
24 Australia

25 ¹⁰ Department of Health Sciences, University of Leicester, Leicester, LE1 7RH, UK

26 ¹¹ Queensland Brain Institute, University of Queensland, Brisbane, QLD, Australia

27 ¹² Centre for Advanced Imaging, University of Queensland, Brisbane, QLD, Australia

28 ¹³ QIMR Berghofer Medical Research Institute, Brisbane, QLD, Australia

29 ¹⁴ Institute for Molecular Bioscience, University of Queensland, Brisbane, QLD, Australia

30

31 **Key words**

32 Epigenetics, EWAS, thyroid hormone, DNA methylation, KLF9, DOT1L

33 **Corresponding Author**

34 Nicole Lafontaine

35 Department of Endocrinology & Diabetes,

36 Sir Charles Gairdner Hospital, Nedlands, WA, Australia

37 **Financial Support**

38 This work was supported by the Australian National Health and Medical
39 Research Council (NHMRC) (project grant 1087407). Study participants were recruited in the
40 context of the Brisbane Longitudinal Twin Study 1992–2016, supported by grants from
41 NHMRC (project grants 1031119, 1010374, 496667 and 1046880), the National Institutes of
42 Health (NIH) (grants GM057091 and GM099568), Australian Research Council (A7960034,
43 A79906588, A79801419, DP0212016, DP0343921, DP1093900) and NHMRC Medical
44 Bioinformatics Genomics Proteomics Program (grant 389891) for building and maintaining
45 the adolescent twin family resource through which samples were collected. The funders had
46 no role in study design, data collection and analysis, decision to publish or preparation of
47 the manuscript. Support was also received from The Sir Charles Gairdner Osborne Park
48 Health Care Group Research Advisory Committee (grant 2018-19/015) and the iVEC/Pawsey
49 Supercomputing Centre (with funding from the Australian Government and the Government
50 of Western Australia; project grants: Pawsey0260, Director2025). Abbott Diagnostics
51 Australia donated immunoassay reagents for thyroid function tests. The funders had no role
52 in study design, data collection and analysis, decision to publish or preparation of the
53 manuscript.

54

55 The DNA methylation work was supported by NHMRC grant 1059711. The 17-year follow-up
56 was supported by NHMRC (program grant 353514 and project grant 403981). RCH was
57 supported by NHMRC fellowship 14254.

58

59 **Disclosure Summary**

60 The authors have no disclosures.

61 **ORCID numbers:**

62 0000-0001-7101-2058 (N. Lafontaine); 0000-0002-5727-4323 (P. J. Campbell);

63 0000-0002-0034-8029 (J.E.Castillo-Fernandez); 0000-0002-8464-6639 (R.C Huang);

64 0000-0003-4026-2964 (P. E. Melton); 0000-0001-7133-4970 (M. J. Wright);

65 0000-0002-5264-9229 (T.A. Mori); 0000-0002-8817-8908 (F. Dudbridge);

66 0000-0003-4069-8020 (N. G. Martin); 0000-0002-5691-1917 (G. Zhu);

67 0000-0002-1766-2612 (J. P. Walsh); 0000-0002-0357-1373 (S. G. Wilson).

68 **Abstract**

69 **Context**

70 Circulating concentrations of free triiodothyronine (fT3), free thyroxine (fT4) and
71 thyrotropin (TSH) are partly heritable traits. Recent studies have advanced knowledge of
72 their genetic architecture. Epigenetic modifications, such as DNA methylation (DNAm), may
73 be important in pituitary-thyroid axis regulation and action, but data are limited.

74 **Objective**

75 To identify novel associations between fT3, fT4 and TSH and differentially methylated
76 positions (DMPs) in the genome in subjects from two Australian cohorts.

77 **Method**

78 We performed an epigenome-wide association study (EWAS) of thyroid function parameters
79 and DNAm using participants from: Brisbane Systems Genetics Study (median age 14.2
80 years, n=563) and the Raine Study (median age 17.0 years, n=863). Plasma fT3, fT4 and TSH
81 were measured by immunoassay. DNAm levels in blood were assessed using Illumina
82 HumanMethylation450 BeadChip arrays. Analyses employed generalised linear mixed
83 models to test association between DNAm and thyroid function parameters. Data from the
84 two cohorts were meta-analysed.

85 **Results**

86 We identified 2 DMPs with epigenome-wide significant ($p < 2.4E-7$) associations with TSH and
87 6 with fT3, including cg00049440 in *KLF9* ($p = 2.88E-10$) and cg04173586 in *DOT1L* ($p = 2.09E-$
88 16), both genes known to be induced by fT3. All DMPs had a positive association between
89 DNAm and TSH and a negative association between DNAm and fT3. There were no DMPs
90 significantly associated with fT4. We identified 23 differentially methylated regions
91 associated with fT3, fT4 or TSH.

92 **Conclusions**

93 This study has demonstrated associations between blood-based DNAm and both fT3 and
94 TSH. This may provide insight into mechanisms underlying thyroid hormone action and/or
95 pituitary-thyroid axis function.

96 **Introduction**

97 The thyroid synthesises and secretes hormones, triiodothyronine (T3) and thyroxine (T4),
98 required for growth and the regulation of metabolism (1). Circulating levels of thyrotropin
99 (TSH) and thyroid hormones are tightly regulated via the hypothalamus-pituitary-thyroid
100 (HPT) axis; intraindividual variation is less than interindividual variation, suggesting that
101 individuals have unique set points (2). Variations of thyroid function within the population-
102 based normal range have been associated with adverse health outcomes including atrial
103 fibrillation (3), coronary heart disease (4), stroke (5), mood (6), cognitive disorders (7), body
104 mass index (BMI) (8) and overall mortality (4,9). It is therefore important to improve our
105 understanding of mechanisms behind these variations to facilitate better management of
106 patients.

107

108 Genetic factors influence interindividual variation in free T3 (fT3), free T4 (fT4) and TSH
109 levels. From studies comparing monozygotic and dizygotic twins, it is estimated that
110 heritability accounts for up to 65% of variation in fT3, fT4 and TSH (10-12). Genome wide
111 association studies (GWAS) have advanced knowledge in this area by identifying a
112 substantial number of genes that may contribute to thyroid function variance (13-16).
113 However, established loci account for only 21% and 33% of genetic variance in fT4 and TSH
114 respectively (13). Epigenetics could provide a link between genes, environmental exposures
115 and differences in fT3, fT4 and TSH levels.

116

117 Epigenetics describes mechanisms that control the regulation of gene expression, including
118 DNA methylation (DNAm) and histone modification, among others and that do not involve a
119 change in the DNA nucleotide sequence (17). DNAm is one of the most commonly described

120 epigenetic mechanisms (18) and involves the addition of a methyl group to a cytosine in a
121 cytosine-phosphate-guanine (CpG) dinucleotide sequence through the action of DNA-
122 methyltransferases (18,19). DNAm can cause major effects on gene expression levels by
123 influencing the binding of regulatory elements to DNA. These epigenetic features further
124 augment transcriptional regulation dictated by the DNA nucleotide coding and are
125 additional critical regulators of gene expression that are considered to make a significant
126 contribution to complex disease susceptibility (20). The methylation profile of a cell changes
127 during differentiation as certain genes are up- and down-regulated, resulting in the
128 formation of a unique methylome in each cell type (21). The relationship between DNAm
129 and gene expression is complex; methylation within a gene promoter typically represses
130 transcription of the gene, whereas DNAm located within exons or introns is frequently
131 associated with active expression and can influence splicing and activity of alternate
132 promoters (22). In line with this, the DNAm landscape has been found to change profoundly
133 during the process of cell differentiation (23) and across the lifespan (24-27).

134

135 Epigenome-wide association studies (EWAS) have been used to investigate variations in
136 DNAm genome-wide and explore relationships between methylation and clinical
137 phenotypes (19,28,29). EWAS can identify differentially methylated positions (DMPs), which
138 are individual CpGs that show differential methylation depending on the phenotype, as well
139 as differentially methylated regions (DMRs) which are segments of adjacent CpGs that show
140 overall differential methylation depending on the phenotype (30). Despite the increasing
141 epigenetics literature in other fields including autoimmune thyroid disease, there have, to
142 our knowledge, been no published EWAS with thyroid function markers as a phenotype.

143

144 In this study, we performed EWAS to look for associations between blood-based DNAm and
145 circulating levels of fT3, fT4 and TSH from two Australian-based cohorts to provide further
146 insight into mechanisms underlying thyroid hormone action and/or pituitary-thyroid axis
147 function.

148

149 **Methods**

150 *Study participants*

151 Two population-based cohorts were used in the research, the Brisbane Systems Genetics
152 Study (BSGS) and the Raine Study. The participants from BSGS were recruited as part of a
153 prospective study, the Brisbane Longitudinal Twin Study (BLTS), made up of healthy
154 monozygotic and dizygotic twins and triplets, their singleton siblings and their parents who
155 were recruited in Brisbane, Queensland, Australia (31-33). BLTS participants were enlisted
156 by media appeals, word of mouth and by contacting the principals of primary schools in the
157 greater Brisbane area. The study was approved by the Human Research Ethics committee of
158 the Queensland Institute of Medical Research. All participants provided written informed
159 consent.

160

161 The Raine Study (formerly known as the Western Australian Pregnancy Cohort Study) is a
162 prospective multigenerational observation study which recruited pregnant women of 16-20
163 weeks gestation in Perth, Western Australia between 1989 and 1991. It has followed these
164 participants and their offspring (Generation 2) since birth, as described in detail previously
165 (34). The study was approved by the Human Ethics Committee of the University of Western
166 Australia. All participants and their parents or carers provided written informed consent.

167 The present study uses plasma, clinical assessment and questionnaire data from Generation
168 2 participants at age 14 (35) and DNAm data from specimens collected at age 17 (36).

169

170 In each cohort, participants were excluded if they had peroxidase antibodies (TPOAb) above
171 the reference range (>6IU/mL) or if plasma samples for thyroid function and DNAm were
172 collected more than 5 years apart. In both cohorts, most participants are of self-reported
173 European ancestry and reside in areas of iodine sufficiency (37).

174

175 *Laboratory Data*

176 In both cohorts, fT3, fT4, TSH and TPOAb were measured on securely archived frozen
177 plasma samples by automated immunoassay using the Abbott ARCHITECT analyser (Abbott
178 Diagnostic, Illinois, USA), as previously described (38). DNA methylation profiles were
179 generated from leucocyte DNA from whole-blood samples using the Illumina Infinium
180 HumanMethylation 450 BeadChip array (Illumina, San Diego, CA), as described previously
181 for BSGS (32) and the Raine Study (36). This array interrogates more than 485,000 CpG sites,
182 targeting gene regions and covering 99% of RefSeq genes, CpG islands, among other sites
183 (32,39).

184

185 *Statistical analysis*

186 Linear mixed models were used to test for association between quantile normalised DNA
187 methylation beta values and each of fT3, fT4 and TSH (natural log transformed), adjusting
188 for sex, age, age squared, difference between ages at which thyroid function and DNAm
189 were measured, and white blood cell composition (CD8T, CD4T, NK, Bcell, Mono, Gran).

190 Random intercepts were fitted to account for plate number and sample position variation. A

191 nested random effects structure with separate intercepts for each subject within zygosity
192 group within family was used to account for relatedness (within monozygotic twins and
193 triplets or among dizygotic twins and triplets and siblings more generally). All analyses were
194 performed using R version 3.5.2 (including packages lme4, qqman, EasyStrata and
195 data.table).

196

197 Results from both cohorts were then meta-analysed using METAL software. The epigenome-
198 wide significance threshold was defined as a P -value below $2.4E-7$, calculated by using a
199 permutation approach which takes into account the correlation structure of CpGs across the
200 genome(40). The threshold for suggestive associations was defined as a P -value below $1E-5$
201 following previous studies which used Illumina methylation arrays to identify suggestive
202 DMPs for preliminary consideration and to guide future hypotheses (41,42). R package
203 coMET was used to generate regional association plots (43).

204

205 For the detection of DMRs, association tests of fT3, fT4 and TSH were performed using the
206 results from the meta-analysis that had directionally consistent effects. We examined the
207 association between fT3, fT4 and TSH and DMRs using comb-p software with an analysis
208 window of 300 base-pairs, an autocorrelation lag of 300 bases, a seed P -value of 0.001 and a
209 minimum of 3 probes per DMR (42). The corrected P -values (P_{cor}) were reported after Sidak
210 multiple testing correction.

211

212 **Results**

213 *Descriptive statistics*

214 BSGS comprised 563 participants, 53% were male (Table 1). The median age was 14.2 years
215 [IQR 12.1-17.8] and 442 participants (79%) were in the adolescent age range (10-19 years
216 old) (44). The Raine Study included 863 participants, 53% were male, and had a median age
217 of 17.0 years [IQR 16.9-17.2]. All participants were adolescents.

218

219 *EWAS Results*

220 Miami plot of results of the EWAS meta-analysis of the BSGS and the Raine study for fT3 and
221 TSH, comprising up to 483,254 probes, are shown in Fig. 1 and for fT4 in Supplemental Fig. 1
222 (QQ plots are presented in Supplemental Fig. 2-; $\lambda = 1.005, 1.071$ and 1.068 for FT3, fT4 and
223 TSH respectively) (45). The meta-analysis found 6 novel epigenome-wide significant DMPs
224 associated with fT3 and 2 associated with TSH (Table 2), while no significant associations
225 were seen for fT4. Details of DMPs that were below the suggestive threshold for association
226 are presented in Supplemental Tables 1-3 (45).

227

228 The epigenome-wide significant DMPs associated with fT3 were cg00024471 on
229 chromosome 3 which lies in intron 1 of tumour protein p63 regulated 1 (*TPRG1*)
230 (Supplemental Fig. 3a), cg02183564 located on chromosome 7 within intron 4 of coiled-coil
231 domain containing 146 (*CCDC146*) (Supplemental Fig. 3b), cg00049440 on chromosome 9
232 within intron 1 of Kruppel like factor 9 (*KLF9*) (Fig. 2a), cg04173586 on chromosome 19
233 within intron 1 of the disruptor of telomeric silencing 1-like (*DOT1L*) (Fig. 2b) and two
234 probes in intergenic regions: cg01695994 on chromosome 17 and cg19837174 on
235 chromosome 10 (Supplemental Fig. 3c and 3d respectively) (45). All 6 DMPs had a negative
236 association between DNAm and fT3.

237

238 The epigenome-wide significant DMPs associated with TSH were cg03445151 on
239 chromosome 2 in an intergenic region (Supplemental Fig 3e) and cg20065905 on
240 chromosome 17 within the 3' untranslated region of forkhead box K2 (*FO XK2*)
241 (Supplemental Fig 3f) (45).

242

243 *Differentially methylated region (DMR) analysis*

244 Data from the DMR analyses highlighted 4 regions associated with fT3, including an
245 intergenic region in chromosome 4 nearest to Sep(O-Phosphoserine) TRNA: Selenocystine
246 TRNA synthase (*SEPSECS*) associated with increased methylation; 11 associated with fT4 and
247 8 associated with TSH, including one on chromosome 1, within intron 3 of NOD-, LRR- and
248 pyrin domain-containing protein 3 (*NLRP3*) associated with increased methylation (Table 3).

249

250 **Discussion**

251 In this EWAS of thyroid function we identified 6 novel epigenome-wide significant DMPs
252 associated with fT3 and reduced DNAm and 2 associated with TSH and increased DNAm in a
253 meta-analysis of two independent cohorts of healthy participants. This may indicate that
254 altered methylation at these loci plays a role in HPT axis physiology, or since we studied
255 DNAm from blood, may reflect fT3 action on leucocyte DNAm. It is also possible that fT3 or
256 TSH and DNAm at these sites are not causally related, but have a common association with
257 one or more as yet unidentified variables.

258

259 Of the DMPs associated with fT3, cg00049440 is within *KLF9*, previously known as basic
260 transcription element binding protein 1, a member of the Krüppel family of zinc-finger
261 transcription factors. These factors bind to GC-rich regions in the genome (46) and regulate

262 proliferation, differentiation, development and programmed-cell death (47). *KLF9* is a T3
263 response gene. T3, via nuclear receptor activation, upregulates *KLF9* mRNA. *KLF9* then acts
264 as a transcription activator or repressor (48). It is expressed in a large number of tissues and
265 has many roles including in haematopoiesis (18), hippocampal neurogenesis (49),
266 oligodendrocyte differentiation, myelin regeneration (50), intestinal morphogenesis (47)
267 and is downregulated in many cancers as discussed further below. *KLF9* also helps mediate
268 the neuronal protective role of T3 on neurones exposed to hypoxia (51).

269

270 *KLF9* is downregulated in multiple cancers including endometrial (52), oesophageal
271 squamous cell carcinoma (SCC) (53), colorectal cancer (54), hepatocellular carcinoma (HCC)
272 (55), breast cancer (56) and neuroblastoma (57). *KLF9* has been demonstrated to suppress
273 neuroblastoma growth and progression (57), inhibit growth, migration and metastasis of
274 oesophageal SCC (53), inhibit breast cancer metastasis (56) and inhibit proliferation and
275 induce apoptosis of HCC (55). Interestingly, a recent study showed that short-term
276 treatment with T3 in rats with HCC caused a prolonged reduction in the number and burden
277 of HCC compared with untreated rats by induction of genes involved in hepatocyte
278 differentiation including *KLF9* (58). Although the authors hypothesise that this may be due
279 to the restoration of the T3/TR axis, effects on DNAm may be responsible for the persistent
280 effects. This could have therapeutic implications for several cancers.

281

282 *DOT1L* is a methyltransferase and is an enzyme well-known to methylate H3K79, an
283 activation histone mark. Histone methylation can alter chromatin structure and may recruit
284 effector proteins to certain chromatin regions (59). *DOT1L*, like *KLF9*, is known to be
285 activated by T3. *Xenopus* metamorphosis is a hormone-dependent period of development

286 when T3 is high. During metamorphosis, T3 activates *DOT1L* which in turn increases
287 methylation of H3K79 in thyroid receptor (TR) targets, thereby inducing chromatin
288 remodeling and allowing gene activation by TR; it also acts as a TR coactivator (60).
289 Functions of *DOT1L* include DNA repair and cell cycle regulation, and it has an essential role
290 in general embryogenesis, chondrogenesis and cardiac development in mice (61). In the
291 present study, most participants were studied during adolescence, a period of
292 developmental change, during which circulating fT3 levels are higher than in adults (38,62),
293 and it is possible that the observed association between fT3 and DNAm of *DOT1L* is relevant
294 to pubertal development.

295

296 Both *DOT1L* and *KLF9* have been demonstrated to play an important role in haematopoiesis
297 and *KLF9* with T cell lymphopoiesis (51,63). Hypothyroidism is known to be a cause of
298 anaemia and, to a lesser extent, reduced lymphocyte count (64-66). Given DNAm is a tissue
299 specific process and *KLF9* and *DOT1L* are known to have a role in the formation of blood
300 cellular components, it is possible that changes in the levels of DNAm in white blood cells
301 form part of the mechanism by which T3 affects haematopoiesis rather than being involved
302 in regulation of circulating T3 levels.

303

304 Probe cg19837174 on chromosome 10 is within 1.1kbp of *LINC02656*, which is associated
305 with thyroid hormone administration (67). Other identified DMPs associated with fT3 in this
306 EWAS have no currently known associations with thyroid hormones. Of interest, one of the
307 DMPs which reached the suggestive threshold was cg20146909, on chromosome 1 within
308 intron 1 of leucine rich repeat containing 8 family, member D (*LRRRC8D*). *LRRRC8D* has also
309 been demonstrated to be directly regulated by thyroid hormone (68).

310

311 In our study, increased methylation in cg20065905, which is within *FOXK2*, was associated
312 with higher TSH concentrations; the physiological relevance of this requires further
313 elucidation. *FOXK2* is a member of the forkhead box (FOX) family (69). Although other
314 members of this family, including *FOXO1* and *FOXO2*, have established roles in thyroid
315 physiology and thyroid hormone action, *FOXK2* has no known associations with TSH or
316 thyroid hormones (70-72). *FOXK2* has physiological roles in glycolysis, lipid metabolism and
317 mitochondrial function, which may potentially be relevant to thyroid hormone action and
318 has a reciprocal translocation pattern into the nucleus with the FOXO family in response to
319 insulin (69,73). Increased methylation was also seen in cg03445151 with higher TSH
320 concentrations, which lies within an intergenic region with no known significance to thyroid
321 function.

322

323 We identified 23 significant DMRs associated with fT3, fT4 or TSH. A DMR associated with
324 fT3 and increased methylation, within an intergenic region in chromosome 4, was closest to
325 *SEPSECS*, which is important in the selenoprotein biosynthesis pathway (74). Iodothyronine
326 deiodinases, which are crucial for thyroid hormone metabolism, are selenoenzymes and
327 require selenocysteine at their catalytic site (75). Selenium deficiency and mutations
328 affecting selenoprotein synthesis are known to affect thyroid hormone levels (75,76).

329

330 A DMR within *NLRP3* was associated with TSH and increased methylation. *NLRP3* is part of
331 the NOD-like receptor family, which are inflammasomes that have been associated with
332 autoimmune thyroiditis pathogenesis (77). *NLRP3* activation is also known to be involved in
333 the pathogenesis of ischaemia-reperfusion liver injury and research has demonstrated that

334 T3 treatment prior to ischaemia-reperfusion in rats reduced the expression of *NLRP3* and
335 liver injury (78).

336

337 In the present study, we identified 6 DMPs associated with fT3 at an epigenome-wide level
338 of significance and 2 associated with TSH, but none with fT4. We also identified 23 DMRs, 4
339 associated with fT3, 11 associated with fT4 and 8 with TSH. Epigenetic modifications such as
340 DMPs are subject to both genetic and environmental factors. Heritability estimates for fT4
341 and TSH are higher than those for fT3 in most (10,11) but not all studies (12), and GWAS
342 have been more successful in identifying common genetic variants associated with TSH and
343 fT4 than with fT3. Circulating fT3 appears more responsive than TSH or fT4 to environmental
344 influences such as nutritional state (79), childhood growth and pubertal development
345 (38,66) and non-thyroidal illness (80). It is possible that the identification of 6 DMPs for fT3,
346 2 for TSH and none for fT4, indicates a greater degree of epigenetic influence from
347 environmental factors on circulating fT3 than on TSH or fT4. Alternatively, since T3 is the
348 active thyroid hormone (whereas T4 is largely a prohormone and TSH the major trophic
349 hormone to thyrocytes), the DMPs associated with fT3 in this study may reflect
350 hematopoietic effects of thyroid hormone, reflected in reduced methylation of leucocyte
351 DNA. T3 has been previously demonstrated to have effects on DNAm. Treatment with T3 in
352 rodent primary cortical neurons exposed to hypoxia reduces hypoxia-mediated DNA
353 hypermethylation by upregulating ten-eleven translocation (TET) genes and downregulating
354 DNA methyltransferase (Dnmt)3a and Dnmt3b (51), required for demethylation. Our
355 significant DMPs showed an association of fT3 with reduced DNAm and TSH with increased
356 DNAm and a number of our results are within genes known to be directly regulated by

357 thyroid hormones. It is possible that DNAm regulation plays an important role in the actions
358 of T3 and regulation of other genes.

359

360 This EWAS of thyroid function has identified novel associations between the level of
361 methylation and fT3 at 6 DMPs and TSH at 2 DMPs and provides a basis for further targeted
362 studies, particularly in relation to probes cg00049440 and cg04173586. Strengths of the
363 study include use of a robust, well-characterised technology platform for detection of
364 differential methylation of CpGs and extensive characterisation of community-based
365 cohorts. The study also has limitations. Firstly, we used whole blood to examine DNAm
366 however methylation varies across tissue types (28), therefore DNAm levels in the pituitary,
367 thyroid and peripheral tissues may differ. Secondly, we used a methylation array that
368 targets more than 485,000 selected CpG sites; however it does not provide the high level of
369 coverage that would be achieved using whole genome bisulfite sequencing. Therefore many
370 CpGs that exist in the genome, but which were not present on the array that we used, may
371 be relevant to thyroid function; other approaches such as whole genome bisulfite
372 sequencing may be needed to fully characterise the association between thyroid hormones
373 and DNA methylation. Thirdly, although we adjusted for major confounders in our analysis,
374 residual confounding cannot be excluded. Finally, our study was observational; although we
375 found significant associations between fT3 and DMPs, we cannot establish whether this
376 reflects a causal relationship. Studies in an independent cohort are required to replicate our
377 findings. Larger studies, with substantially increased numbers of study subjects and
378 therefore increased statistical power are likely to identify additional sites of differential
379 methylation associated with thyroid function, as are analytical platforms which survey more
380 CpGs throughout the genome.

381

382 In conclusion, we describe 6 novel DMPs with reduced DNAm associated with increased
383 levels of fT3, 2 novel DMPs with increased DNAm associated with increased levels of TSH
384 and 23 DMRs associated with fT3, fT4 or TSH in whole blood of healthy individuals and
385 highlight novel candidate DMPs and genes. Further research is required to establish the
386 roles of these loci in pituitary-thyroid axis physiology and/or thyroid hormone action and
387 their possible relevance to health outcome and disease. Improved understanding of the
388 relationship between methylation and thyroid function may provide therapeutic targets in
389 the future.

390 **Acknowledgements**

391 The plasma samples were collected in the context of the BSGS within the Brisbane
392 Longitudinal Twin Study 1992–2016. We thank Anjali Henders, Lisa Bowdler, and Tabatha
393 Goncales for biobank collection and Kerrie McAloney for collating samples for this study. We
394 also thank Abbott Diagnostics Australia for donating immunoassay reagents. We gratefully
395 acknowledge the participation of the twins and their families. We thank Marlene Grace, Ann
396 Eldridge and Kerrie McAloney for sample collection and processing; the staff of the
397 Molecular Epidemiology Laboratory at QIMR for DNA sample processing and preparation;
398 Harry Beeby, David Smyth for IT support; and Dale Nyholt and Scott Gordon for their
399 substantial efforts involving the QC and preparation of the BLTS datasets.

400

401 We acknowledge the Raine Study participants and their families, the Raine Study Team for
402 cohort co-ordination and data collection, the National Health and Medical Research Council
403 (NHMRC) for long-term contribution to funding the study, and the Telethon Kids Institute
404 for long term support of the Study. We also acknowledge the University of Western
405 Australia (UWA), Curtin University, Telethon Kids Institute, Women and Infants Research
406 Foundation, Edith Cowan University, Murdoch University, University of Notre Dame
407 Australia and Raine Medical Research Foundation for providing funding for Core
408 Management of the Raine Study.

409

410 **Data Availability**

411 The datasets generated during and/or analysed during the current study are not publicly
412 available, but may be accessed through the corresponding author on reasonable request.

413

414 **References**

- 415 1. Siu C, Wiseman S, Gakkhar S, Heravi-Moussavi A, Bilenky M, Carles A, Sierocinski T,
416 Tam A, Zhao E, Kasaian K, Moore RA, Mungall AJ, Walker B, Thomson T, Marra MA,
417 Hirst M, Jones SJM. Characterization of the human thyroid epigenome. *J Endocrinol.*
418 2017;235(2):153-165.
- 419 2. Andersen S, Pedersen KM, Bruun NH, Laurberg P. Narrow individual variations in
420 serum T4 and T3 in normal subjects: a clue to the understanding of subclinical
421 thyroid disease. *J Clin Endocrinol Metab.* 2002;87(3):1068-1072.
- 422 3. Baumgartner C, Da Costa BR, Collet T-H, Feller M, Floriani C, Bauer DC, Cappola AR,
423 Heckbert SR, Ceresini G, Gussekloo J, Den Elzen WPJ, Peeters RP, Luben R, Völzke H,
424 Dörr M, Walsh JP, Bremner A, Iacoviello M, Macfarlane P, Heeringa J, Stott DJ,
425 Westendorp RGJ, Khaw K-T, Magnani JW, Aujesky D, Rodondi N. Thyroid function
426 within the normal range, subclinical hypothyroidism, and the risk of atrial fibrillation.
427 *Circulation.* 2017;136(22):2100-2116.
- 428 4. Bano A, Chaker L, Mattace-Raso FUS, Van Der Lugt A, Ikram MA, Franco OH, Peeters
429 RP, Kavousi M. Thyroid function and the risk of atherosclerotic cardiovascular
430 morbidity and mortality. *Circ Res.* 2017;121(12):1392-1400.
- 431 5. Chaker L, Baumgartner C, Den Elzen WPJ, Collet T-H, Ikram MA, Blum MR, Dehghan
432 A, Drechsler C, Luben RN, Portegies MLP, Iervasi G, Medici M, Stott DJ, Dullaart RP,
433 Ford I, Bremner A, Newman AB, Wanner C, Sgarbi JA, Dörr M, Longstreth WT, Psaty
434 BM, Ferrucci L, Maciel RMB, Westendorp RG, Jukema JW, Ceresini G, Imaizumi M,
435 Hofman A, Bakker SJL, Franklyn JA, Khaw K-T, Bauer DC, Walsh JP, Razvi S, Gussekloo
436 J, Völzke H, Franco OH, Cappola AR, Rodondi N, Peeters RP. Thyroid function within

- 437 the reference range and the risk of stroke: an individual participant data analysis. *J*
438 *Clin Endocrinol Metab.* 2016;101(11):4270-4282.
- 439 6. Medici M, Direk N, Visser WE, Korevaar TIM, Hofman A, Visser TJ, Tiemeier H,
440 Peeters RP. Thyroid function within the normal range and the risk of depression: a
441 population-based cohort study. *J Clin Endocrinol Metab.* 2014;99(4):1213-1219.
- 442 7. Chaker L, Wolters FJ, Bos D, Korevaar TIM, Hofman A, Van Der Lugt A, Koudstaal PJ,
443 Franco OH, Dehghan A, Vernooij MW, Peeters RP, Ikram MA. Thyroid function and
444 the risk of dementia. *Neurology.* 2016;87(16):1688-1695.
- 445 8. Nyrrnes A, Jorde R, Sundsfjord J. Serum TSH is positively associated with BMI. *Int J*
446 *Obes.* 2006;30(1):100-105.
- 447 9. Chaker L, Van Den Berg ME, Niemeijer MN, Franco OH, Dehghan A, Hofman A,
448 Rijnbeek PR, Deckers JW, Eijgelsheim M, Stricker BHC, Peeters RP. Thyroid function
449 and sudden cardiac death. *Circulation.* 2016;134(10):713-722.
- 450 10. Panicker V, Wilson SG, Spector TD, Brown SJ, Falchi M, Richards JB, Surdulescu GL,
451 Lim EM, Fletcher SJ, Walsh JP. Heritability of serum TSH, free T4 and free T3
452 concentrations: a study of a large UK twin cohort. *Clin Endocrinol (Oxf).*
453 2008;68(4):652-659.
- 454 11. Samollow PB, Perez G, Kammerer CM, Finegold D, Zwartjes PW, Havill LM, Comuzzie
455 AG, Mahaney MC, Göring HH, Blangero J, Foley TP, Barmada MM. Genetic and
456 environmental influences on thyroid hormone variation in Mexican Americans. *J Clin*
457 *Endocrinol Metab.* 2004;89(7):3276-3284.
- 458 12. Hansen PS, Brix TH, Sorensen TI, Kyvik KO, Hegedus L. Major genetic influence on the
459 regulation of the pituitary-thyroid axis: a study of healthy Danish twins. *J Clin*
460 *Endocrinol Metab.* 2004;89(3):1181-1187.

- 461 13. Teumer A, Chaker L, Groeneweg S, Li Y, Di Munno C, Barbieri C, Schultheiss UT,
462 Traglia M, Ahluwalia TS, Akiyama M, Appel EVR, Arking DE, Arnold A, Astrup A,
463 Beekman M, Beilby JP, Bekaert S, Boerwinkle E, Brown SJ, De Buyzere M, Campbell
464 PJ, Ceresini G, Cerqueira C, Cucca F, Deary IJ, Deelen J, Eckardt KU, Ekici AB, Eriksson
465 JG, Ferrucci L, Fiers T, Fiorillo E, Ford I, Fox CS, Fuchsberger C, Galesloot TE, Gieger
466 C, Gogele M, De Grandi A, Grarup N, Greiser KH, Haljas K, Hansen T, Harris SE, van
467 Heemst D, den Heijer M, Hicks AA, den Hollander W, Homuth G, Hui J, Ikram MA,
468 Ittermann T, Jensen RA, Jing J, Jukema JW, Kajantie E, Kamatani Y, Kasbohm E,
469 Kaufman JM, Kiemenev LA, Kloppenburg M, Kronenberg F, Kubo M, Lahti J, Lapauw
470 B, Li S, Liewald DCM, Lifelines Cohort S, Lim EM, Linneberg A, Marina M, Mascalzoni
471 D, Matsuda K, Medenwald D, Meisinger C, Meulenbelt I, De Meyer T, Meyer Zu
472 Schwabedissen HE, Mikolajczyk R, Moed M, Netea-Maier RT, Nolte IM, Okada Y, Pala
473 M, Pattaro C, Pedersen O, Petersmann A, Porcu E, Postmus I, Pramstaller PP, Psaty
474 BM, Ramos YFM, Rawal R, Redmond P, Richards JB, Rietzschel ER, Rivadeneira F,
475 Roef G, Rotter JI, Sala CF, Schlessinger D, Selvin E, Slagboom PE, Soranzo N, Sorensen
476 TIA, Spector TD, Starr JM, Stott DJ, Taes Y, Taliun D, Tanaka T, Thuesen B, Tiller D,
477 Toniolo D, Uitterlinden AG, Visser WE, Walsh JP, Wilson SG, Wolffenbuttel BHR, Yang
478 Q, Zheng HF, Cappola A, Peeters RP, Naitza S, Volzke H, Sanna S, Kottgen A, Visser TJ,
479 Medici M. Genome-wide analyses identify a role for SLC17A4 and AADAT in thyroid
480 hormone regulation. *Nat Commun.* 2018;9(1):4455.
- 481 14. Porcu E, Medici M, Pistis G, Volpato CB, Wilson SG, Cappola AR, Bos SD, Deelen J,
482 den Heijer M, Freathy RM, Lahti J, Liu C, Lopez LM, Nolte IM, O'Connell JR, Tanaka T,
483 Trompet S, Arnold A, Bandinelli S, Beekman M, Bohringer S, Brown SJ, Buckley BM,
484 Camaschella C, de Craen AJ, Davies G, de Visser MC, Ford I, Forsen T, Frayling TM,

485 Fugazzola L, Gogele M, Hattersley AT, Hermus AR, Hofman A, Houwing-Duistermaat
486 JJ, Jensen RA, Kajantie E, Kloppenburg M, Lim EM, Masciullo C, Mariotti S, Minelli C,
487 Mitchell BD, Nagaraja R, Netea-Maier RT, Palotie A, Persani L, Piras MG, Psaty BM,
488 Raikonen K, Richards JB, Rivadeneira F, Sala C, Sabra MM, Sattar N, Shields BM,
489 Soranzo N, Starr JM, Stott DJ, Sweep FC, Usala G, van der Klauw MM, van Heemst D,
490 van Mullem A, Vermeulen SH, Visser WE, Walsh JP, Westendorp RG, Widen E, Zhai G,
491 Cucca F, Deary IJ, Eriksson JG, Ferrucci L, Fox CS, Jukema JW, Kiemeny LA,
492 Pramstaller PP, Schlessinger D, Shuldiner AR, Slagboom EP, Uitterlinden AG, Vaidya
493 B, Visser TJ, Wolffenbuttel BH, Meulenbelt I, Rotter JJ, Spector TD, Hicks AA, Toniolo
494 D, Sanna S, Peeters RP, Naitza S. A meta-analysis of thyroid-related traits reveals
495 novel loci and gender-specific differences in the regulation of thyroid function. *PLoS*
496 *Genet.* 2013;9(2):e1003266.

497 15. Taylor PN, Porcu E, Chew S, Campbell PJ, Traglia M, Brown SJ, Mullin BH, Shihab HA,
498 Min J, Walter K, Memari Y, Huang J, Barnes MR, Beilby JP, Charoen P, Danecek P,
499 Dudbridge F, Forgetta V, Greenwood C, Grundberg E, Johnson AD, Hui J, Lim EM,
500 McCarthy S, Muddyman D, Panicker V, Perry JR, Bell JT, Yuan W, Relton C, Gaunt T,
501 Schlessinger D, Abecasis G, Cucca F, Surdulescu GL, Woltersdorf W, Zeggini E, Zheng
502 HF, Toniolo D, Dayan CM, Naitza S, Walsh JP, Spector T, Davey Smith G, Durbin R,
503 Richards JB, Sanna S, Soranzo N, Timpson NJ, Wilson SG, Consortium UK. Whole-
504 genome sequence-based analysis of thyroid function. *Nat Commun.* 2015;6:5681.

505 16. Kuś A, Chaker L, Teumer A, Peeters RP, Medici M. The genetic basis of thyroid
506 function: novel findings and new approaches. *J Clin Endocrinol Metab.* 2020;105(6).

507 17. Henikoff S, Matzke MA. Exploring and explaining epigenetic effects. *Trends Genet.*
508 1997;13(8):293-295.

- 509 18. Han L, Zhang H, Kaushal A, Rezwani FI, Kadalayil L, Karmaus W, Henderson AJ, Relton
510 CL, Ring S, Arshad SH, Ewart SL, Holloway JW. Changes in DNA methylation from pre-
511 to post-adolescence are associated with pubertal exposures. *Clin Epigenetics*.
512 2019;11(1).
- 513 19. Flanagan JM. Epigenome-wide association studies (EWAS): past, present, and future.
514 *Methods Mol Biol*. 2015;1238:51-63.
- 515 20. Richard MA, Huan T, Ligthart S, Gondalia R, Jhun MA, Brody JA, Irvin MR, Marioni R,
516 Shen J, Tsai P-C, Montasser ME, Jia Y, Syme C, Salfati EL, Boerwinkle E, Guan W,
517 Mosley TH, Bressler J, Morrison AC, Liu C, Mendelson MM, Uitterlinden AG, Van
518 Meurs JB, Franco OH, Zhang G, Li Y, Stewart JD, Bis JC, Psaty BM, Chen Y-DI, Kardina
519 SLR, Zhao W, Turner ST, Absher D, Aslibekyan S, Starr JM, McRae AF, Hou L, Just AC,
520 Schwartz JD, Vokonas PS, Menni C, Spector TD, Shuldiner A, Damcott CM, Rotter JJ,
521 Palmas W, Liu Y, Paus T, Horvath S, O'Connell JR, Guo X, Pausova Z, Assimes TL,
522 Sotoodehnia N, Smith JA, Arnett DK, Deary IJ, Baccarelli AA, Bell JT, Whitset E,
523 Dehghan A, Levy D, Fornage M, Heijmans BT, 'T Hoen PAC, Van Meurs J, Isaacs A,
524 Jansen R, Franke L, Boomsma DI, Pool R, Van Dongen J, Hottenga JJ, Van
525 Greevenbroek MMJ, Stehouwer CDA, Van Der Kallen CJH, Schalkwijk CG, Wijmenga
526 C, Zhernakova A, Tigchelaar EF, Slagboom PE, Beekman M, Deelen J, Van Heemst D,
527 Veldink JH, Van Den Berg LH, Van Duijn CM, Hofman A, Uitterlinden AG, Jhamai PM,
528 Verbiest M, Suchiman HED, Verkerk M, Van Der Breggen R, Van Rooij J, Lakenberg N,
529 Mei H, Van Iterson M, Van Galen M, Bot J, Van 'T Hof P, Deelen P, Nooren I, Moed M,
530 Vermaat M, Zhernakova DV, Luijk R, Bonder MJ, Van Dijk F, Arindrarto W, Kielbasa
531 SM, Swertz MA, Van Zwet EW. DNA methylation analysis identifies loci for blood
532 pressure regulation. *Am J Hum Genet*. 2017;101(6):888-902.

- 533 21. Dor Y, Cedar H. Principles of DNA methylation and their implications for biology and
534 medicine. *Lancet*. 2018;392(10149):777-786.
- 535 22. Maunakea AK, Nagarajan RP, Bilenky M, Ballinger TJ, D'Souza C, Fouse SD, Johnson
536 BE, Hong C, Nielsen C, Zhao Y, Turecki G, Delaney A, Varhol R, Thiessen N, Shchors K,
537 Heine VM, Rowitch DH, Xing X, Fiore C, Schillebeeckx M, Jones SJM, Haussler D,
538 Marra MA, Hirst M, Wang T, Costello JF. Conserved role of intragenic DNA
539 methylation in regulating alternative promoters. *Nature*. 2010;466(7303):253-257.
- 540 23. De La Rica L, Rodríguez-Ubrea J, García M, Islam AB, Urquiza JM, Hernando H,
541 Christensen J, Helin K, Gómez-Vaquero C, Ballestar E. PU.1 target genes undergo
542 Tet2-coupled demethylation and DNMT3b-mediated methylation in monocyte-to-
543 osteoclast differentiation. *Genome Biol*. 2013;14(9):R99.
- 544 24. Gröniger E, Weber B, Heil O, Peters N, Stäb F, Wenck H, Korn B, Winnefeld M, Lyko
545 F. Aging and chronic sun exposure cause distinct epigenetic changes in human skin.
546 *PLoS Genet*. 2010;6(5):e1000971.
- 547 25. Bjornsson HT, Sigurdsson MI, Fallin MD, Irizarry RA, Aspelund T, Cui H, Yu W,
548 Rongione MA, Ekström TJ, Harris TB, Launer LJ, Eiriksdottir G, Leppert MF, Sapienza
549 C, Gudnason V, Feinberg AP. Intra-individual change over time in DNA methylation
550 with familial clustering. *JAMA*. 2008;299(24):2877-2883.
- 551 26. McGowan PO, Sasaki A, D'Alessio AC, Dymov S, Labonté B, Szyf M, Turecki G,
552 Meaney MJ. Epigenetic regulation of the glucocorticoid receptor in human brain
553 associates with childhood abuse. *Nat Neurosci*. 2009;12(3):342-348.
- 554 27. Tobi EW, Lumey LH, Talens RP, Kremer D, Putter H, Stein AD, Slagboom PE, Heijmans
555 BT. DNA methylation differences after exposure to prenatal famine are common and
556 timing- and sex-specific. *Hum Mol Genet*. 2009;18(21):4046-4053.

- 557 28. Mill J, Heijmans BT. From promises to practical strategies in epigenetic epidemiology.
558 *Nat Rev Genet.* 2013;14(8):585-594.
- 559 29. Michels KB. The promises and challenges of epigenetic epidemiology. *Exp Gerontol.*
560 2010;45(4):297-301.
- 561 30. Rakyan VK, Down TA, Balding DJ, Beck S. Epigenome-wide association studies for
562 common human diseases. *Nat Rev Genet.* 2011;12(8):529-541.
- 563 31. Wright MJ. Brisbane adolescent twin study: Outline of study methods and research
564 projects. *Aust J Psychol.* 2004;56:65-78.
- 565 32. McRae AF, Powell JE, Henders AK, Bowdler L, Hemani G, Shah S, Painter JN, Martin
566 NG, Visscher PM, Montgomery GW. Contribution of genetic variation to
567 transgenerational inheritance of DNA methylation. *Genome Biol.* 2014;15(5):R73.
- 568 33. Powell JE, Henders AK, McRae AF, Caracella A, Smith S, Wright MJ, Whitfield JB,
569 Dermitzakis ET, Martin NG, Visscher PM, Montgomery GW. The Brisbane Systems
570 Genetics Study: genetical genomics meets complex trait genetics. *PLoS ONE.*
571 2012;7(4):e35430.
- 572 34. Newnham JP, Evans SF, Michael CA, Stanley FJ, Landau LI. Effects of frequent
573 ultrasound during pregnancy: a randomised controlled trial. *Lancet.*
574 1993;342(8876):887-891.
- 575 35. Straker L, Mountain J, Jacques A, White S, Smith A, Landau L, Stanley F, Newnham J,
576 Pennell C, Eastwood P. Cohort Profile: The Western Australian Pregnancy Cohort
577 (Raine) Study—Generation 2. *Int J Epidemiol.* 2017;46(5):1384-1385j.
- 578 36. Rauschert S, Melton PE, Burdge G, Craig JM, Godfrey KM, Holbrook JD, Lillycrop K,
579 Mori TA, Beilin LJ, Oddy WH, Pennell C, Huang R-C. Maternal smoking during
580 pregnancy induces persistent epigenetic changes into adolescence, independent of

581 postnatal smoke exposure and is associated with cardiometabolic risk. *Front Genet.*
582 2019;10:770.

583 37. Li M, Eastman CJ, Waite KV, Ma G, Zacharin MR, Topliss DJ, Harding PE, Walsh JP,
584 Ward LC, Mortimer RH, Mackenzie EJ, Byth K, Doyle Z. Are Australian children iodine
585 deficient? Results of the Australian National Iodine Nutrition Study. *Med J Aust.*
586 2006;184(4):165-169.

587 38. Campbell PJ, Brown SJ, Kendrew P, Lewer M, Lim EM, Joseph J, Cross SM, Wright MJ,
588 Martin NG, Wilson SG, Walsh JP. Changes in thyroid function across adolescence: a
589 longitudinal study. *J Clin Endocrinol Metab.* 2020;105(4):e1162-e1170.

590 39. illumina. Infinium® HumanMethylation450 BeadChip. Data Sheet: Epigenetics.
591 Published 2012. Updated 09 March 2012. Accessed 19 October 2020. Pub. No. 270-
592 2010-001.

593 40. Saffari A, Silver MJ, Zavattari P, Moi L, Columbano A, Meaburn EL, Dudbridge F.
594 Estimation of a significance threshold for epigenome-wide association studies. *Genet*
595 *Epidemiol.* 2018;42(1):20-33.

596 41. Hannon E, Schendel D, Ladd-Acosta C, Grove J, Hansen CS, Andrews SV, Hougaard
597 DM, Bresnahan M, Mors O, Hollegaard MV, Bækvad-Hansen M, Hornig M,
598 Mortensen PB, Børglum AD, Werge T, Pedersen MG, Nordentoft M, Buxbaum J,
599 Daniele Fallin M, Bybjerg-Grauholm J, Reichenberg A, Mill J. Elevated polygenic
600 burden for autism is associated with differential DNA methylation at birth. *Genome*
601 *Med.* 2018;10(1):19.

602 42. Mooney MA, Ryabinin P, Wilmot B, Bhatt P, Mill J, Nigg JT. Large epigenome-wide
603 association study of childhood ADHD identifies peripheral DNA methylation
604 associated with disease and polygenic risk burden. *Transl Psychiatry.* 2020;10(1):8.

- 605 43. Martin TC, Yet I, Tsai P-C, Bell JT. coMET: visualisation of regional epigenome-wide
606 association scan results and DNA co-methylation patterns. *BMC Bioinformatics*.
607 2015;16(1):131.
- 608 44. Sacks D. Age limits and adolescents. *Paediatr Child Health*. 2003;8(9):577-578.
- 609 45. Lafontaine Bedecarratz N. Epigenome wide association study of thyroid function
610 traits identifies novel associations of fT3 with KLF9 and DOT1L - Supplement. The
611 University of Western Australia 2020. Deposited 26 November 2020.
612 <http://doi.org/10.26182/2jar-e332>
- 613 46. Knoedler JR, Subramani A, Denver RJ. The Krüppel-like factor 9 cistrome in mouse
614 hippocampal neurons reveals predominant transcriptional repression via proximal
615 promoter binding. *BMC Genomics*. 2017;18(1):299.
- 616 47. McConnell BB, Yang VW. Mammalian Krüppel-like factors in health and diseases.
617 *Physiol Rev*. 2010;90(4):1337-1381.
- 618 48. Zhang JS, Moncrieffe MC, Kaczynski J, Ellenrieder V, Prendergast FG, Urrutia R. A
619 conserved alpha-helical motif mediates the interaction of Sp1-like transcriptional
620 repressors with the corepressor mSin3A. 2001;21(15):5041-5049.
- 621 49. Scobie KN, Hall BJ, Wilke SA, Klemenhausen KC, Fujii-Kuriyama Y, Ghosh A, Hen R,
622 Sahay A. Kruppel-like factor 9 is necessary for late-phase neuronal maturation in the
623 developing dentate gyrus and during adult hippocampal neurogenesis. *J Neurosci*.
624 2009;29(31):9875-9887.
- 625 50. Dugas JC, Ibrahim A, Barres BA. The T3-induced gene KLF9 regulates oligodendrocyte
626 differentiation and myelin regeneration. *Mol Cell Neurosci*. 2012;50(1):45-57.

- 627 51. Li J, Abe K, Milanesi A, Liu Y-Y, Brent GA. Thyroid hormone protects primary cortical
628 neurons exposed to hypoxia by reducing DNA methylation and apoptosis.
629 *Endocrinology*. 2019;160(10):2243-2256.
- 630 52. Simmons CD, Pabona JMP, Heard ME, Friedman TM, Spataro MT, Godley AL, Simmen
631 FA, Burnett AF, Simmen RCM. Krüppel-like factor 9 loss-of-expression in human
632 endometrial carcinoma links altered expression of growth-regulatory genes with
633 aberrant proliferative response to estrogen. *Biol Reprod*. 2011;85(2):378-385.
- 634 53. Qiao F, Yao F, Chen L, Lu C, Ni Y, Fang W, Jin H. Krüppel-like factor 9 was down-
635 regulated in esophageal squamous cell carcinoma and negatively regulated beta-
636 catenin/TCF signaling. *Mol Carcinog*. 2016;55(3):280-291.
- 637 54. Kang L, Lü B, Xu J, Hu H, Lai M. Downregulation of Krüppel-like factor 9 in human
638 colorectal cancer. *Pathol Int*. 2008;58(6):334-338.
- 639 55. Sun J, Wang B, Liu Y, Zhang L, Ma A, Yang Z, Ji Y, Liu Y. Transcription factor KLF9
640 suppresses the growth of hepatocellular carcinoma cells in vivo and positively
641 regulates p53 expression. *Cancer Lett*. 2014;355(1):25-33.
- 642 56. Bai XY, Li S, Wang M, Li X, Yang Y, Xu Z, Li B, Li Y, Xia K, Chen H, Wu H. Krüppel-like
643 factor 9 down-regulates matrix metalloproteinase 9 transcription and suppresses
644 human breast cancer invasion. *Cancer Lett*. 2018;412:224-235.
- 645 57. Chen S, Gu S, Xu M, Mei D, Xiao Y, Chen K, Yan Z. Krüppel-like factor 9 promotes
646 neuroblastoma differentiation via targeting the sonic hedgehog signaling pathway.
647 *Pediatr Blood Cancer*. 2019;67(3):e28108.
- 648 58. Kowalik MA, Puliga E, Cabras L, Sulas P, Petrelli A, Perra A, Ledda-Columbano GM,
649 Morandi A, Merlin S, Orrù C, Sanchez-Martin C, Fornari F, Gramantieri L, Parri M,
650 Rasola A, Bellomo SE, Sebastian C, Follenzi A, Giordano S, Columbano A. Thyroid

- 651 hormone inhibits hepatocellular carcinoma progression via induction of
652 differentiation and metabolic reprogramming. *J Hepatol.* 2020;72(6):1159-1169.
- 653 59. Nguyen AT, Zhang Y. The diverse functions of Dot1 and H3K79 methylation. *Genes*
654 *Dev.* 2011;25(13):1345-1358.
- 655 60. Wen L, Fu L, Shi YB. Histone methyltransferase Dot1L is a coactivator for thyroid
656 hormone receptor during *Xenopus* development. *FASEB J.* 2017;31(11):4821-4831.
- 657 61. McLean CM, Karemaker ID, van Leeuwen F. The emerging roles of DOT1L in leukemia
658 and normal development. *Leukemia.* 2014;28(11):2131-2138.
- 659 62. Taylor PN, Sayers A, Okosieme O, Das G, Draman MS, Tabasum A, Abusahmin H,
660 Rahman M, Stevenson K, Groom A, Northstone K, Woltersdorf W, Taylor A, Ring S,
661 Lazarus JH, Gregory JW, Rees A, Timpson N, Dayan CM. Maturation in serum thyroid
662 function parameters over childhood and puberty: results of a longitudinal study. *J*
663 *Clin Endocrinol Metab.* 2017;102(7):2508-2515.
- 664 63. Zhang Y, Xue Y, Cao C, Huang J, Hong Q, Hai T, Jia Q, Wang X, Qin G, Yao J, Wang X,
665 Zheng Q, Zhang R, Li Y, Luo A, Zhang N, Shi G, Wang Y, Ying H, Liu Z, Wang H, Meng A,
666 Zhou Q, Wei H, Liu F, Zhao J. Thyroid hormone regulates hematopoiesis via the TR-
667 KLF9 axis. *Blood.* 2017;130(20):2161-2170.
- 668 64. Dorgalaleh A, Mahmoodi M, Varmaghani B, Kiani Node F, Saeedi Kia O, Alizadeh S,
669 Tabibian S, Bamedi T, Momeni M, Abbasian S, Kashani Khatib Z. Effect of thyroid
670 dysfunctions on blood cell count and red blood cell indice. *Iran J Ped Hematol Oncol.*
671 2013;3(2):73-77.
- 672 65. Wopereis DM, Du Puy RS, Van Heemst D, Walsh JP, Bremner A, Bakker SJL, Bauer DC,
673 Cappola AR, Ceresini G, Degryse J, Dullaart RPF, Feller M, Ferrucci L, Floriani C,
674 Franco OH, Iacoviello M, Iervasi G, Imaizumi M, Jukema JW, Khaw K-T, Luben RN,

675 Molinaro S, Nauck M, Patel KV, Peeters RP, Psaty BM, Razvi S, Schindhelm RK, Van
676 Schoor NM, Stott DJ, Vaes B, Vanderpump MPJ, Völzke H, Westendorp RGJ, Rodondi
677 N, Cobbaert CM, Gussekloo J, Den Elzen WPJ. The relation between thyroid function
678 and anemia: a pooled analysis of individual participant data. *J Clin Endocrinol Metab.*
679 2018;103(10):3658-3667.

680 66. Arpin C, Pihlgren M, Fraichard A, Aubert D, Samarut J, Chassande O, Marvel J. Effects
681 of T3R α 1 and T3R α 2 gene deletion on T and B lymphocyte development. *J Immunol.*
682 2000;164(1):152-160.

683 67. Wu Y, Byrne EM, Zheng Z, Kemper KE, Yengo L, Mallett AJ, Yang J, Visscher PM, Wray
684 NR. Genome-wide association study of medication-use and associated disease in the
685 UK Biobank. *Nat Commun.* 2019;10(1):1891.

686 68. Paquette MA, Dong H, Gagné R, Williams A, Malowany M, Wade MG, Yauk CL.
687 Thyroid hormone-regulated gene expression in juvenile mouse liver: identification of
688 thyroid response elements using microarray profiling and in silico analyses. *BMC*
689 *Genomics.* 2011;12(1):634.

690 69. Nestal De Moraes G, Carneiro L, Maia R, Lam E, Sharrocks A. FOXK2 Transcription
691 Factor and Its Emerging Roles in Cancer. *Cancers (Basel).* 2019;11(3):393.

692 70. Fernández LP, López-Márquez A, Martínez ÁM, Gómez-López G, Santisteban P. New
693 Insights into FoxE1 Functions: Identification of Direct FoxE1 Targets in Thyroid Cells.
694 *PLoS ONE.* 2013;8(5):e62849.

695 71. Sinha RA, Singh BK, Yen PM. Thyroid hormone regulation of hepatic lipid and
696 carbohydrate metabolism. *Trends Endocrinol Metab.* 2014;25(10):538-545.

697 72. Ferdous A, Wang ZV, Luo Y, Li DL, Luo X, Schiattarella GG, Altamirano F, May HI,
698 Battiprolu PK, Nguyen A, Rothermel BA, Lavandero S, Gillette TG, Hill JA. FoxO1–Dio2

699 signaling axis governs cardiomyocyte thyroid hormone metabolism and hypertrophic
700 growth. *Nat Commun.* 2020;11(1):2551.

701 73. Sakaguchi M, Cai W, Wang C-H, Cederquist CT, Damasio M, Homan EP, Batista T,
702 Ramirez AK, Gupta MK, Steger M, Wewer Albrechtsen NJ, Singh SK, Araki E, Mann M,
703 Enerbäck S, Kahn CR. FoxK1 and FoxK2 in insulin regulation of cellular and
704 mitochondrial metabolism. *Nat Commun.* 2019;10(1):1582.

705 74. Anttonen A-K, Hilander T, Linnankivi T, Isohanni P, French RL, Liu Y, Simonović M, Söll
706 D, Somer M, Muth-Pawlak D, Corthals GL, Laari A, Ylikallio E, Lähde M, Valanne L,
707 Lönnqvist T, Pihko H, Paetau A, Lehesjoki A-E, Suomalainen A, Tyynismaa H.
708 Selenoprotein biosynthesis defect causes progressive encephalopathy with elevated
709 lactate. *Neurology.* 2015;85(4):306-315.

710 75. Bianco AC, Salvatore D, Gereben BZ, Berry MJ, Larsen PR. Biochemistry, Cellular and
711 Molecular Biology, and Physiological Roles of the Iodothyronine Selenodeiodinases.
712 *Endocr Rev.* 2002;23(1):38-89.

713 76. Dumitrescu AM, Liao X-H, Abdullah MSY, Lado-Abeal J, Majed FA, Moeller LC, Boran
714 G, Schomburg L, Weiss RE, Refetoff S. Mutations in SECISBP2 result in abnormal
715 thyroid hormone metabolism. *Nat Genet.* 2005;37(11):1247-1252.

716 77. Guo Q, Wu Y, Hou Y, Liu Y, Liu T, Zhang H, Fan C, Guan H, Li Y, Shan Z, Teng W.
717 Cytokine secretion and pyroptosis of thyroid follicular cells mediated by enhanced
718 NLRP3, NLRP1, NLRC4, and AIM2 inflammasomes are associated with autoimmune
719 thyroiditis. *Front Immunol.* 2018;9:1197.

720 78. Vargas R, Videla LA. Thyroid hormone suppresses ischemia-reperfusion-induced liver
721 NLRP3 inflammasome activation: Role of AMP-activated protein kinase. *Immunol*
722 *Lett.* 2017;184:92-97.

- 723 79. Agnihothri RV, Courville AB, Linderman JD, Smith S, Brychta R, Remaley A, Chen KY,
724 Simchowicz L, Celi FS. Moderate weight loss is sufficient to affect thyroid hormone
725 homeostasis and inhibit its peripheral conversion. *Thyroid*. 2014;24(1):19-26.
- 726 80. Economidou F, Douka E, Tzanela M, Nanas S, Kotanidou A. Thyroid function during
727 critical illness. *Hormones (Athens)*. 2011;10(2):117-124.

728 **Table 1** – Descriptive statistics of study participants

	BSGS (n=563)	Raine Study (n=863)
Age at DNAm collection, median [IQR] (years)	14.2 [12.1-17.8]	17.0 (16.9-17.2)
Male sex (%)	53%	53%
fT3 (pmol/L)	4.92 (0.65)	5.47 (0.60)
fT4 (pmol/L)	12.64 (1.36)	12.25 (1.25)
TSH (mU/L)	1.58 (0.88)	2.08(0.94)
Time between blood sample taken for DNA and thyroid function (years)	-0.005 (0.19)	3.08 (0.51)

729 Data are shown as mean (SD) unless otherwise stated. Abbreviation: DNAm, DNA

730 methylation; IQR, interquartile range; BSGS, Brisbane Systems Genetics Study.

731 **Table 2** – Details of the epigenome-wide significant differentially methylated positions from the meta-analysis

Phenotype	CpG site	Chr	Position (hg19)	Nearest gene	Location	BSGS (n)	BSGS β	BSGS <i>P</i> -value	Raine Study (n)	Raine Study β	Raine Study <i>P</i> -value	Meta-analysis (n)	Meta-analysis β	Meta-analysis <i>P</i> -value
ft3														
	cg00024471	3	188692547	<i>TPRG1</i>	Intron 1	563	-2.26	5.93E-12	863	-0.44	4.11E-2	1426	-0.99	2.58E-8
	cg00049440	9	73026643	<i>KLF9</i>	Intron 1	563	-1.87	2.44E-7	863	-1.20	1.16E-4	1426	-1.49	2.88E-10
	cg01695994	17	80246403	<i>LINC01970</i>	Intergenic	563	-2.75	1.33E-13	863	-1.19	4.81E-5	1426	-1.81	3.31E-15
	cg02183564	7	76874892	<i>CCDC146</i>	Intron 4	563	-2.63	2.29E-13	863	-0.38	1.66E-1	1426	-1.24	9.69E-9
	cg04173586	19	2167496	<i>DOT1L</i>	Intron 1	559	-2.11	4.64E-18	863	-0.64	7.89E-4	1422	-1.22	2.09E-16
	cg19837174	10	6389707	<i>LINC02656</i>	Intergenic	563	-1.98	5.48E-10	863	-0.80	1.38E-3	1426	-1.26	1.10E-10
TSH														
	cg03445151	2	23516881	<i>AC012506.1</i>	Intergenic	559	0.21	2.33E-4	863	0.27	5.45E-6	1422	0.24	6.19E-9
	cg20065905	17	80560980	<i>FOXK2</i>	3' UTR	562	0.23	1.81E-4	863	0.23	2.45E-4	1425	0.23	1.75E-7

732 Abbreviations: Chr, chromosome; n, number; BSGS, Brisbane Systems Genetics Study; UTR, untranslated region.

733 **Table 3** – Statistically significant differentially methylated regions (DMRs) associated with

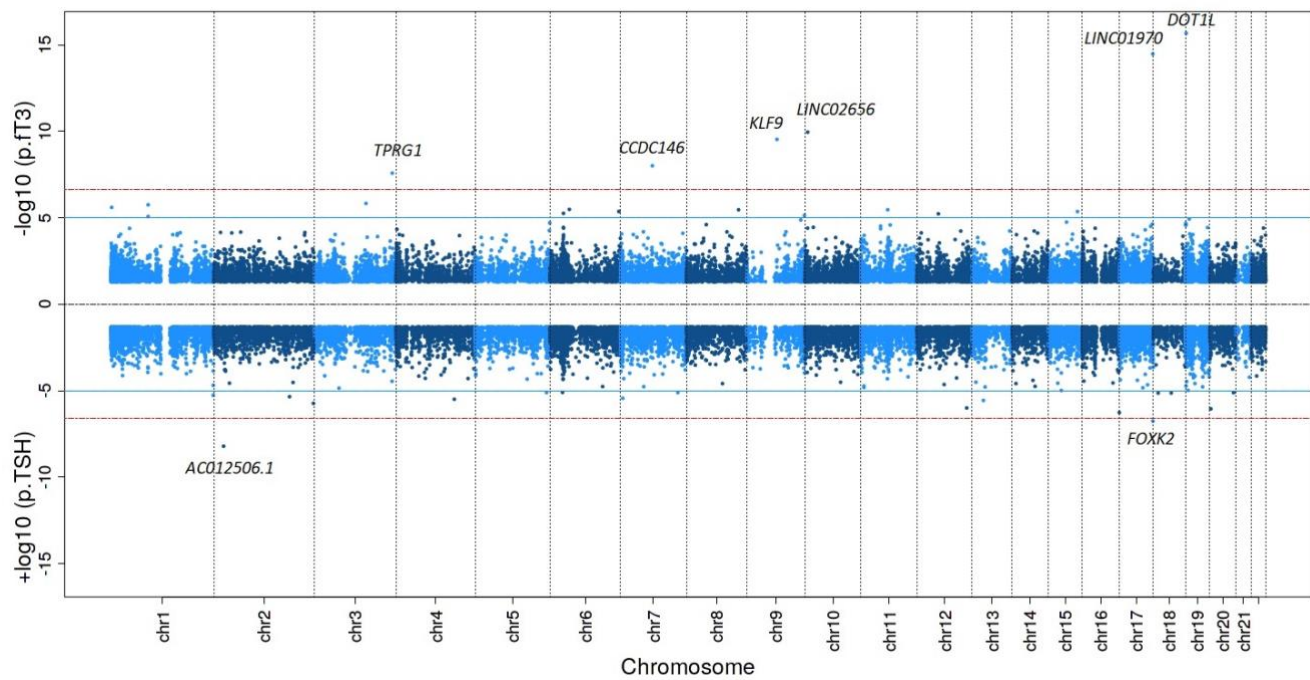
734 ft3, ft4 or TSH

Phenotype	Chr	Position (hg19)	Nearest gene	Location	Probes (n)	Unadjusted P-value	Sidak P- value (P_{cor})	Direction
ft3								
	10	124638874- 124639167	<i>FAM24B</i>	Intron	8	1.81E-7	1.40E-4	+
	11	65546988-65547172	<i>AP5B1</i>	Exon 2	4	8.18E-9	1.01E-5	-
	3	48694451-48694673	<i>CELSR3</i>	Exon	4	2.83E-8	2.90E-5	+
	4	25090491-25090665	<i>SEPSECS</i>	Intergenic	4	1.22E-7	1.59E-4	+
ft4								
	4	186732837- 186733060	<i>SORBS2</i>	Various	7	5.86E-12	5.78E-9	+
	4	206112-206442	<i>ZNF876P</i>	Exon 1	6	1.06E-8	7.08E-6	-
	22	38092643-38093079	<i>TRIOBP</i>	Intron 1	10	1.57E-9	7.90E-7	+
	20	5485144-5485294	<i>LINC00654</i>	Exon 1	5	8.51E-8	1.25E-4	-
	10	135051233- 135051475	<i>VENTX</i>	Exon 1	8	2.89E-7	2.63E-4	-
	12	47225979-47226301	<i>SLC38A4</i>	Exon + Intron 1	5	2.47E-8	1.69E-5	-
	15	91473291-91473569	<i>UNC45A/HDDC3</i>	Exon	6	2.21E-7	1.75E-4	+
	17	79380493-79380585	<i>BAHCC1</i>	Intron	3	1.81E-5	4.23E-2	+
	2	239008929- 239009118	<i>ESPNL</i>	Exon 1	5	1.14E-6	1.34E-3	+
	7	4848814-4848939	<i>RADIL</i>	Intron	3	3.18E-8	5.60E-5	+
	22	30476089-30476525	<i>HORMAD2-AS1</i>	Exon 1	11	3.50E-9	1.77E-6	-
TSH								
	11	7110074-7110196	<i>RBMXL2</i>	Exon 1	5	9.78E-10	1.83E-6	-
	1	247611448- 247611517	<i>NLRP3</i>	Intron	3	9.90E-11	3.28E-7	+

	12	54446253-54446537	<i>HOXC4</i>	Intron 1	6	7.73E-7	6.23E-4	+
	13	36871878-36872246	<i>CCDC169</i>	Exon 1	9	3.39E-7	2.10E-4	-
	13	50703549-50703841	<i>DLEU1</i>	Intron	3	7.44E-8	5.83E-5	+
	20	3051954-3052345	<i>OXT</i>	Exon 1	9	1.13E-9	6.62E-7	-
	4	118006619- 118006825	<i>TRAM1L1</i>	Exon 1	6	3.82E-9	4.24E-6	-
	5	150325954- 150326312	<i>ZNF300P1</i>	Exon 1	8	9.70E-9	6.20E-6	-

735 Abbreviations: Chr, chromosome; n, number.

736 **Figure 1.** Miami plot of meta-analysis of EWAS for fT3 (top panel) and for TSH (bottom
737 panel). The x-axis shows chromosome position, and the y-axis the $-\log_{10} P$ -values. The
738 epigenome-wide significance threshold is represented by the horizontal red lines ($P =$
739 $2.4E-7$) and the threshold for suggestive association shown by the blue horizontal lines
740 ($P = 1.0E-5$).



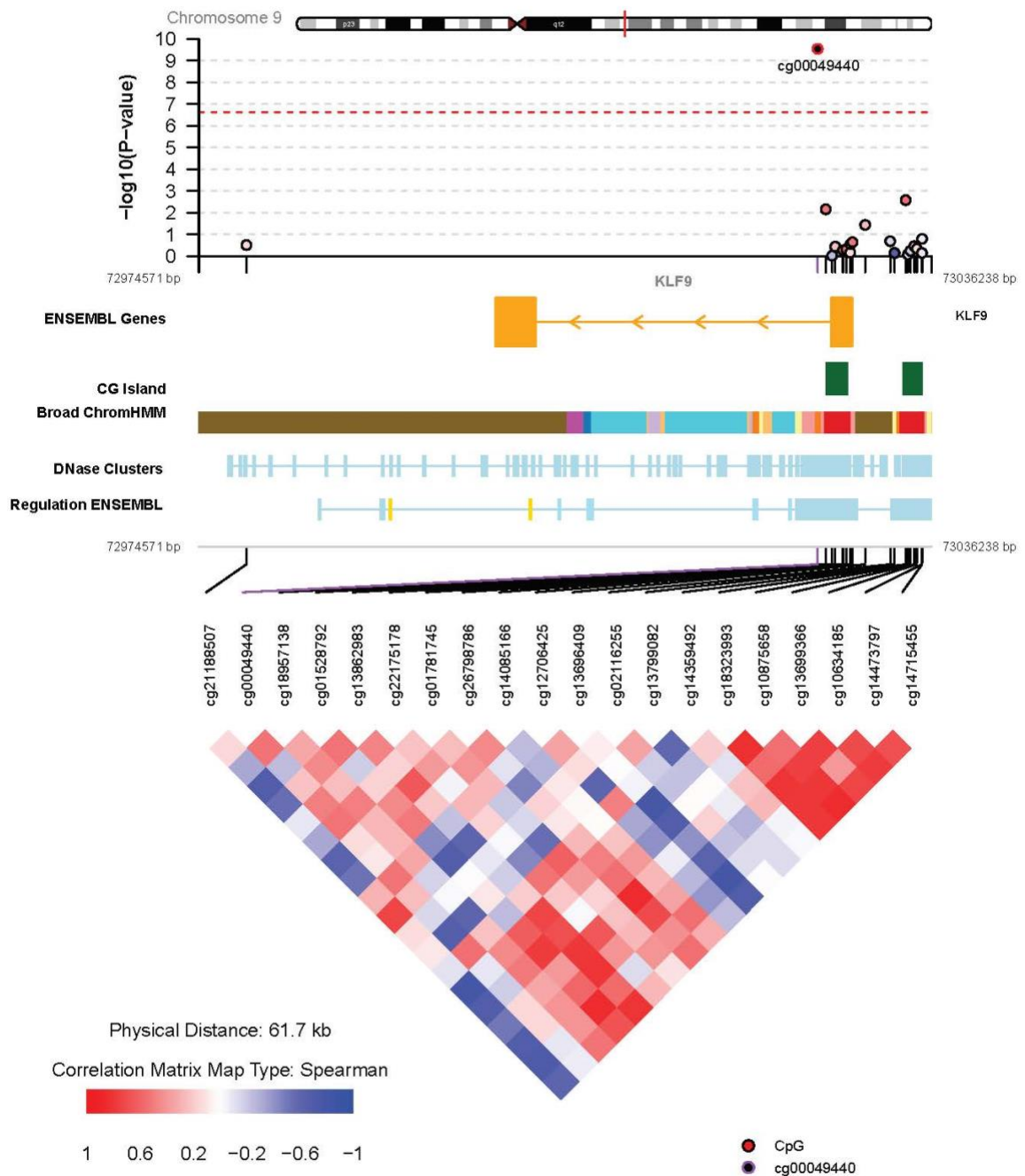
741

742

743

744 **Figure 2.** Local association plots describing the genomic region for each of the significant
 745 DMP (top panel), the functional annotation (middle panel) and the pattern of co-
 746 methylation at individual CpG sites at a) cg00049440 and b) cg04713586. Co-
 747 methylation relationships are derived from BSGS participants.

748 a)



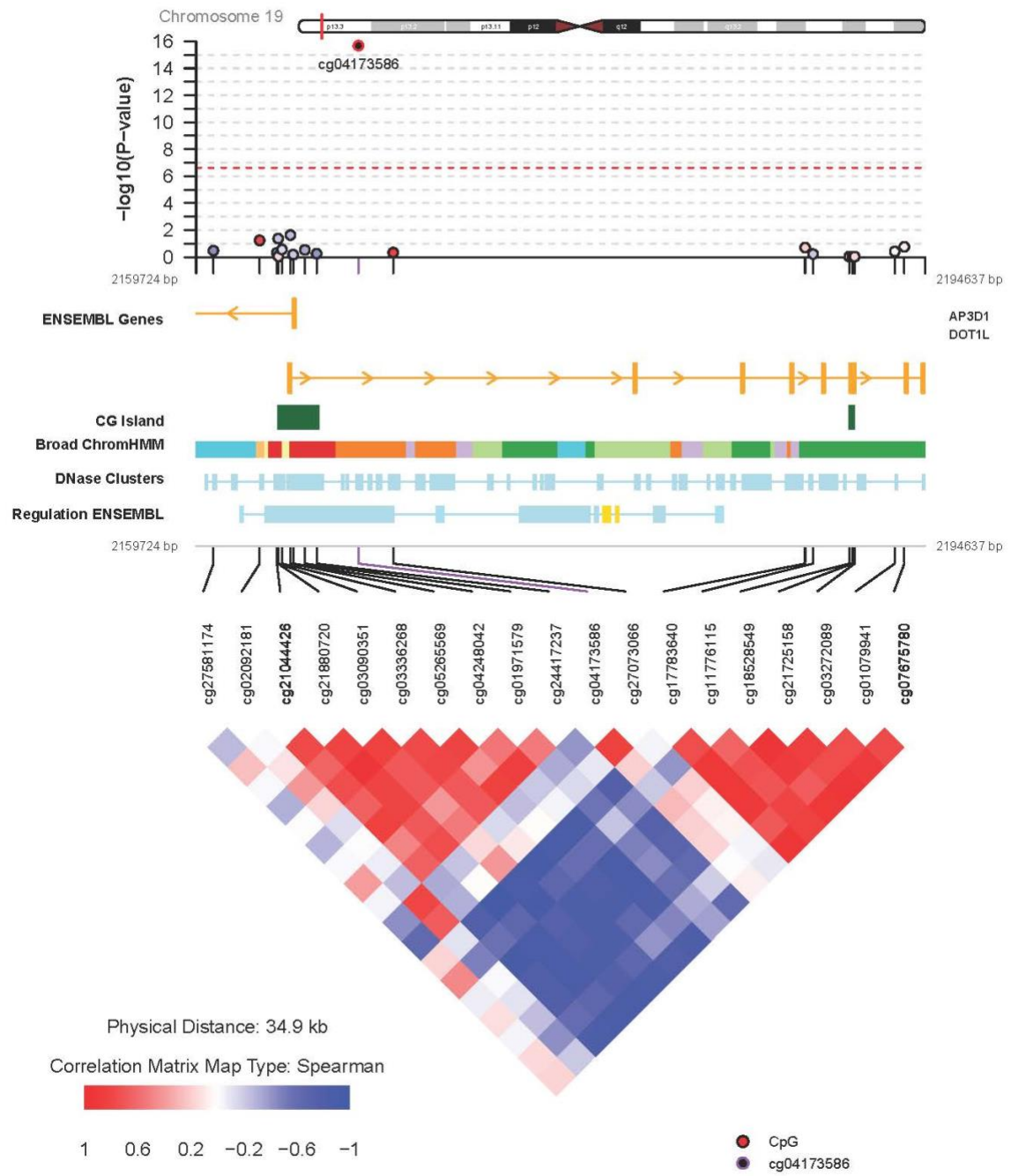
749

750

751

752

b)



753

754

755