

1 **Individualistic responses of forest herb traits to environmental change**

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14

# 1 **Abstract**

- 2 • Intraspecific trait variation (ITV; i.e. variability in the mean and/or distribution of plant  
3 attribute values within species), can occur in response to multiple drivers. Environmental  
4 change and land-use legacies could alter trait values within species directly, but also indirectly  
5 by changing the vegetation cover. Greater variability in environmental conditions could lead  
6 to more ITV but responses could differ among species. Disentangling these drivers on ITV is  
7 necessary to accurately predict plant community responses to global change.
- 8 • We planted herb communities into forest soils with and without recent agricultural history.  
9 Soils were collected across temperate European regions, while the fifteen selected herb  
10 species had different colonising abilities and affinities to forest habitat. These mesocosms  
11 (384) were exposed to two-level full-factorial treatments of warming, nitrogen addition and  
12 illumination. We measured plant height and specific leaf area (SLA).
- 13 • For the majority of species, mean plant height values increased as vegetation cover increased  
14 in response to light addition, warming and agricultural legacies. The coefficient of variation  
15 (CV) for plant height was larger in fast colonising species. Mean SLA for vernal species  
16 increased with warming, while light addition mainly decreased mean SLA for shade-tolerant  
17 species. Interactions between treatments were unimportant predictors.
- 18 • Environmental change treatments influenced ITV, either via an increasing vegetation cover  
19 or by affecting trait values directly. Species' ITV was individualistic, i.e. species responded  
20 to different single resource and condition manipulations that benefited their growth in the  
21 short term. These individualistic responses could be important for altered community  
22 organisation after a prolonged period.

23

# 1 **Introduction**

2 Functional traits are morphological, physiological or phenological traits which affect growth,  
3 reproduction, and survival of plants (Violle *et al.* 2007; Funk *et al.* 2017). Variation in functional  
4 traits related to leaf economics (“leaf”), growth (“height”) and reproduction (“seed”) has been  
5 associated with trade-offs that plant species face to compete for resources across environmental  
6 gradients (Westoby 1998; Borer *et al.* 2014; Reich 2014; Garnier *et al.* 2016; Díaz *et al.* 2016;  
7 Beckman *et al.* 2018). While many have focused on trait variation between species and how different  
8 environments influence this (Wright *et al.* 2017; Bruelheide *et al.* 2018), trait variation also occurs  
9 within species (Siefert *et al.* 2015; Fajardo & Siefert 2018). This intraspecific trait variation (ITV)  
10 can occur in response to environmental drivers (Albert *et al.* 2010; Jung *et al.* 2010), and is maintained  
11 by processes of phenotypic plasticity and genetic differentiation (Valladares *et al.* 2006). Phenotypic  
12 plasticity is an individual’s plastic response to its environment, and its effect can be larger than that  
13 of genetic adaptation in altering trait values of species at small spatiotemporal scales (Lajoie &  
14 Vellend 2015, 2018; Turcotte & Levine 2016). Changes in mean trait values of species in response  
15 to altered environments can ultimately affect variability in traits across populations, and thus  
16 contribute to ITV (Moran *et al.* 2016). ITV greatly influences community patterns and processes  
17 (Bolnick *et al.* 2011; Escudero & Valladares 2016), and accounting for these effects improves  
18 predictions of plant communities in a changing world (Laughlin *et al.* 2012; Cadotte *et al.* 2015).

19 Evidence exists that competition for light enhances ITV in height and leaf trait values (Le Bagousse-  
20 Pinguet *et al.* 2015; Bennett *et al.* 2016; Henneron *et al.* 2017). This is most evident in asymmetric  
21 competition for light, where light as a resource is disproportionately removed by individuals that  
22 manage to grow taller than their direct neighbours (Freckleton & Watkinson 2001). In dense plant  
23 communities with high vegetation cover, larger growth of individuals can be achieved as long as  
24 additional mineral nutrition and water are provided to sustain the increased growth (Watkinson 1983;  
25 Begon *et al.* 1996; Freckleton & Watkinson 2001; Craine & Dybzinski 2013). Asymmetric

1 competition for light in such dense communities shapes the structure of canopies (Nagashima &  
2 Hikosaka 2011) and the plant community as a whole (DeMalach *et al.* 2016). Plants that manage to  
3 survive under the shade of the taller neighbours can alter leaf morphology to deal with photosynthesis  
4 when light availability is low (Valladares & Niinemets 2008). A common plastic response of  
5 individual plants is to increase the leaf area to leaf mass ratio (specific leaf area, SLA) to optimize  
6 light capture for growth maintenance (Milla & Reich 2007; Valladares & Niinemets 2008; Liu *et al.*  
7 2016; Smart *et al.* 2017). Plants can also compete for light that is inherently scarce, such as in  
8 herbaceous communities at the forest floor under the shade of large canopy trees (Valladares *et al.*  
9 2016). Sudden gaps in the tree canopy could then enhance light availability and photosynthesis in the  
10 understorey at very short notice (Paul-Limoges *et al.* 2017). This change in light availability could  
11 lead to quick plastic responses in plant height and SLA (Valladares *et al.* 2002) in synchrony with  
12 shifts in community composition (De Frenne *et al.* 2015) and an increased community biomass  
13 production (Jagodziński *et al.* 2016).

14 Apart from a varying light availability (Navas & Garnier 2002; Rozendaal *et al.* 2006; Lemke *et al.*  
15 2015; Garnier *et al.* 2016; Burton *et al.* 2017), three main global change drivers are affecting  
16 temperate forest herb ecology (Gilliam, 2007) and thus potentially ITV. First, climate warming can  
17 alter growth and leaf trait values within herbaceous plants to resemble those of warmth-adapted  
18 communities (Hoepfner & Dukes 2012; De Frenne *et al.* 2015; Helsen *et al.* 2017; Bjorkman *et al.*  
19 2018; Henn *et al.* 2018). Second, nitrogen (N) deposition (Bobbink *et al.* 2010) can cause increasing  
20 mean values of plant height and SLA by enhancing growth and increasing N content per dry mass of  
21 plant tissues (Hejcman *et al.* 2012; Mao *et al.* 2017). Finally, elevated soil N and phosphorus (P)  
22 concentrations stemming from agricultural land-use history can cause increases in productivity and  
23 variability in functional leaf traits (Fraterrigo *et al.* 2009; Baeten *et al.* 2010, 2011; Siefert & Ritchie  
24 2016). These drivers can interact to affect trait values in plant communities (Perring *et al.* 2016).

1 Plant functional traits can differ between species depending on how species capture resources (Poorter  
2 *et al.* 2009; Garnier *et al.* 2016; Jagodziński *et al.* 2016; Mao *et al.* 2017). In forest herbs, there is  
3 evidence that life-history traits and plant height are correlated to forest colonisation and specialisation  
4 in forests habitat use (Verheyen *et al.* 2003). Herbaceous species that are confined to ancient forests  
5 are typically small-statured slow colonisers that can photosynthesise in mature forests, either as  
6 spring-flowering geophytes (Rothstein 2000; Tessier & Raynal 2003; Mabry *et al.* 2008) or as shade  
7 tolerant plants that grow under fully-developed tree canopies (Valladares & Niinemets 2008). These  
8 perennial ancient forest herbs consequently invest more nutrients into roots, bulbs, suckers or large  
9 seeds for proliferation (Verheyen *et al.* 2003), but at a cost of slow dispersal (Klimešová *et al.* 2016).  
10 Contrastingly, the ability of forest herbs to colonise post-agricultural forests correlates positively with  
11 large relative growth rates and aging quickly (Verheyen *et al.* 2003), both plant characteristics  
12 indicative of a “fast life-history” (Adler *et al.* 2014; Beckman *et al.* 2018). Such fast colonisers are  
13 tall with light seed which allows further dispersal than species that are typical of ancient forest  
14 (Verheyen *et al.* 2003; Thomson *et al.* 2011; Beckman *et al.* 2018). Fast colonising forest herbs  
15 additionally have a high SLA and high leaf N content (Verheyen *et al.* 2003) which is a leaf  
16 construction that favours resource acquisition over resource conservation (Wright *et al.* 2004; Adler  
17 *et al.* 2014; Reich 2014; Díaz *et al.* 2016). Fast colonisers could thus benefit more from variation in  
18 height and leaf traits than slow colonisers to quickly capitalise on resources in rapidly changing  
19 environments (Alpert & Simms 2002).

20 Here we assess within-species responses of plant height and SLA to environmental change and land-  
21 use legacies directly, but also indirectly by looking at change in vegetation cover. Furthermore,  
22 responses could also differ between species and potentially link to colonisation capacity. We  
23 performed a manipulative experiment with temperate herbaceous communities in forests comprising  
24 species with varying colonisation capacities and affinities to forests habitat. This experiment allows  
25 us to disentangle effects of enhanced light availability, warming, N addition and agricultural land-use  
26 history on intraspecific variation in plant height and SLA. We specifically hypothesize that:

- 1        1. Within species, high vegetation cover increases mean plant height and SLA, likely due to  
2            asymmetric competition for light. Higher vegetation cover could stem from community  
3            growth due to nutrient enrichment (from either N addition or agricultural land-use history) in  
4            warmer and brighter conditions.
- 5        2. Within-species differences in mean plant height and SLA could result from variability in  
6            growing conditions induced by environmental changes and agricultural land-use history. The  
7            effect of these drivers can depend on each other. Concretely, we examine two-way interactions  
8            between enhanced light availability, warming, N addition and agricultural land-use history on  
9            changes of mean values in plant height and SLA.
- 10       3. Species with a good ability to colonise post-agricultural forests can exhibit a greater variability  
11           in trait values for both plant height and SLA. Since these species colonise novel environments,  
12           they need to cope with higher environmental unpredictability, and could potentially benefit  
13           from larger trait variation than species confined to ancient forests.

## 14    **Material and Methods**

15    We performed a full-factorial experiment with 384 experimental units (mesocosms) to disentangle  
16    interactive two-level effects of forest agricultural land-use history, enhanced light availability,  
17    nitrogen addition and warming on fifteen common European herbaceous forest species that differ in  
18    colonisation capacity and affinity to forest habitat (Figure 1). We measured plant height on 3445  
19    individual plants and characterised SLA using 1125 leaf samples with measurements taken during  
20    the growing season of 2017, from the first week of March until the first week of September.

21    Land-use legacies: ancient and post-agricultural forest soils across environmental  
22    gradients

23    We collected soil (0.1 m<sup>3</sup> in each forest) from eight temperate European regions across gradients of  
24    inherent soil fertility, regional phosphorus balance and nitrogen deposition (further details in Blondeel

1 *et al.* 2019). Regions spanned from Southwest Estonia (N 58 ° 8' 45.10", E 24° 47' 04.83") to Central  
2 France (N 47° 50' 10.04", E 2° 45' 39.80") and included Southern Sweden (N 55° 32' 58.67", E 13°  
3 14' 28.11"), Northwest Germany ( N 53° 20' 25.12", E 9° 25' 17.34" ), Northeast Germany (N 53° 13'  
4 41.41", E 12° 07' 30.06"), Northern Belgium (N 51° 00' 00.30", E 4° 20' 17.13"), Southern Belgium  
5 (N 50° 03' 56.05", E 4° 22' 01.54") and Northern France (N 49° 53' 42.65", E 2° 18' 41.36"). The  
6 collected soils were classified in three groups using cluster analysis according to inherent soil fertility  
7 (texture and calcareous properties). These soil types were either i) "Eutrophic" which are rich in clay  
8 and carbonates with high pH (6.6-7.1), ii) "Oligotrophic" which are high in sand and low in pH (4 –  
9 5) or iii) "Mesotrophic" with intermediate fertility, siltier textures and intermediate pH (5-5.6) (see  
10 Blondeel *et al.*, 2019). These soil groups are relative terms to categorise inherent soil fertility within  
11 our samples, and should not be used to compare outside of our population. We use this categorical  
12 soil type variable as a covariate when testing variation in mean plant height and mean SLA in response  
13 to interactive environmental changes (see section "Data analysis").

14 To enable a comparison by agricultural land-use history, we searched for three adjacent pairs of  
15 ancient and post-agricultural broadleaved forest with similar canopy composition within each region,  
16 leading to 48 forest patches included in the study (Blondeel *et al.* 2019). We searched for pairs of  
17 forest patches where one patch was in existence before 1850 (ancient forest) and the other established  
18 in mid-20<sup>th</sup> century (post-agricultural forest). The agricultural legacies in the post-agricultural forest  
19 soils varied along gradients of inherent soil characteristics, regional P balance and N deposition  
20 (Blondeel *et al.* 2019). Overall, the soils from post-agricultural forest had higher pH ( $+0.4 \pm 0.16$   
21 standard error (se)), lower C:N ( $-1.49 \pm 0.24$  se) , higher total P concentration ( $+118 \text{ mg kg}^{-1} \pm 60$  se)  
22 and higher Olsen P concentration ( $+13 \text{ mg kg}^{-1} \pm 5.5$  se) compared to ancient forest (Blondeel *et al.*  
23 2019).

24 We collected a large volume of soil (ca. 0.1 m<sup>3</sup>) in each forest patch from a pit with a depth of 15 cm  
25 and a surface of 70 cm x 100 cm. We transported all 48 collected soil samples to the long-term

1 ecological research site (LTER) in the Aelmoeseneie forest in Belgium during November 2015-  
2 February 2016 (50°58'30" N, 3°48'16" E, mean annual temperature (MAT) = 10.6 °C, mean annual  
3 precipitation (MAP) = 768 mm, altitude = 20 m, N deposition (2016) = 15.5 kg N ha<sup>-1</sup>) (DEIMS-SDR  
4 Database). We sieved the 48 bulk soil samples through a 5 mm mesh sieve. The sampled soil from  
5 each forest patch was divided over eight mesocosms, one for each two-level factorial combination of  
6 light x warming x temperature. Each mesocosm consisted of 13L sampled soil, placed in trays with  
7 12 drainage holes (46.5 x 31.5 cm, depth of 19.5 cm) on top of 9 L of white sand to ensure proper  
8 drainage. The bottom of the trays were first lined with a root fabric to ensure that plants would not  
9 root in the site's soil upon burying the mesocosms with their tops level to the ground.

## 10 Plant community assembly: slow and fast colonisers grow together

11 We compiled a pool of fifteen species commonly found in temperate European forests (Table 1) and  
12 divided this species pool according to three emergent groups that are linked with a species'  
13 colonisation capacity and affinity to forests habitat (Verheyen *et al.* 2003; De Frenne, Baeten, *et al.*  
14 2011; Heinken *et al.* 2019). Verheyen *et al.* (2003) quantified differences in functional and life-history  
15 traits among 216 herbaceous species that colonised and established in post-agricultural forests to  
16 varying degrees or remain confined to ancient forests, allowing the determination of traits that lead  
17 to a successful colonisation. The varying success between species to colonise post-agricultural forest  
18 was captured in the colonisation capacity index (CCI), where more negative values indicate a higher  
19 capacity to successfully colonise into post-agricultural forests (Verheyen *et al.* 2003). The continuous  
20 CCI scale exists from -100 to +100, where -100 means that the species only occurred in post-  
21 agricultural forest, while +100 means that the species was only found in ancient forest. The CCI scale  
22 thus allows to estimate a species' affinity to post-agricultural forest vs. ancient forest. We classified  
23 these species in three groups based on our expert knowledge, guided by the CCI (Verheyen *et al.*  
24 2003; De Frenne, Baeten, *et al.* 2011) and whether a species can be specified as a forest habitat  
25 specialist (Heinken *et al.* 2019). The first group (A) are six poor colonisers and forest specialists,



1 typical of ancient forest (Table 1). The second group (B) are six intermediate colonizers of post-  
2 agricultural forest and not strictly forest specialists (Table 1). The final group (C) are three fast  
3 colonising and generalist nitrophilic species with a higher affinity towards post-agricultural forest  
4 and a large negative CCI (Table 1). We took both colonisation of species and forest habitat specificity  
5 into account to classify these species. For those reasons, *Polygonatum multiflorum* is in group A as it  
6 is a typical forest species even though it has a relatively low CCI. Likewise, group B incorporates  
7 species with a wider range in habitat use that are not strictly forest specialists. *Ajuga reptans* and *Poa*  
8 *nemoralis* can occur in grassy habitats and grasslands, while *Hedera helix* is often found in shaded  
9 urban and rural habitats. The groups supported the planting process (see next paragraph). We used  
10 the CCI directly to characterise species in the analysis (see “Data analysis”), because of its established  
11 correlations between several life-history traits (Verheyen *et al.* 2003).

12 We created twelve species combinations (Supplementary Table 1) in which we randomly assigned  
13 two poor colonisers (group A), two common colonisers of post-agricultural forest (group B) and one  
14 fast-colonising nitrophilic species (group C). These twelve species combinations serve as  
15 representative species assemblages in temperate mesotrophic deciduous forests in Europe, and are  
16 solely used as random effect term in the analysis. The twelve species combinations are repeated four  
17 times over the 48 soil samples in each two level factorial combination of light x warming x nitrogen  
18 addition (48 soil samples x 8 factorial combinations = 384 mesocosms). We planted the 384  
19 mesocosms in the first week of March 2016. Per mesocosm, we planted four individuals of each of  
20 the five species in a grid (7x8.5 cm) in a randomised order using the *sample* function in R. This  
21 planting scheme results in 20 plants per mesocosm. We planted these species from vegetative plant  
22 material (Table 1) and obtained our plants from either the local population in the Aelmoeseneie forest  
23 or Brakelbos (Belgium), or a local plant nursery that deals in wild plants for horticulture  
24 (ECOFLORE, Halle, Belgium). During the first growing season (May, June, September 2016), we  
25 applied three rounds of weeding, where we eradicated species that had emerged spontaneously from  
26 the mesocosm soil. We buried all mesocosms with their tops at surface level, in a fenced area in the

1 Aelmoeseneie Forest (Belgium) with a tree canopy (95% cover) dominated by *Fagus sylvatica*,  
2 *Quercus robur*, *Acer pseudoplatanus*, *Fraxinus excelsior* and *Larix decidua*. We buried mesocosms  
3 in 96 random groups (“Plots”), of four mesocosms per plot, to apply manipulative experimental  
4 treatments (see Fig. 1), as explained in the next section and following methods of De Frenne *et al.*  
5 (2015). In total, we planted 7680 (384 mesocosms x 20) individuals of fifteen species (512 individuals  
6 per species).

## 7 Manipulating the environment: N addition, experimental warming and enhanced light 8 availability

9 We have applied three two-level environmental treatments in a full-factorial design since April 2016.  
10 Ongoing treatments consist of (i) nitrogen addition; (ii) experimental warming and (iii) enhanced  
11 light availability (Supplementary Table 2 and 3). The first treatment is N addition (further referred to  
12 as treatment “N”) by adding 0.25 L of a 2.01 g L<sup>-1</sup> solution of NH<sub>4</sub>NO<sub>3</sub> (50 kg N ha<sup>-1</sup> yr<sup>-1</sup> eq.) per  
13 mesocosm. We then rinsed the leaves with 0.25 L of demineralised water to ensure that the applied  
14 N did not remain adhered to plant tissues. We performed this treatment four times per year at the start  
15 of each season, with the control mesocosms receiving 0.5 L of demineralised water. The second  
16 treatment consisted of experimental warming (referred to as treatment “T”) with 75 cm-wide open  
17 top chambers (De Frenne *et al.* 2010). We measured air temperature (15 cm above forest floor),  
18 surface temperature (0 cm) and soil temperature (5 cm depth) in eight plots, one for each factorial  
19 combination of light x warming x nitrogen, using 24 thermocouples which log every 30 seconds  
20 (Type T miniature, TC Direct, The Netherlands and datalogger type CR1000, Campbell Scientific,  
21 USA). In the first half of our sampling period (from March 1 until May 31), the forest canopy  
22 developed and light could easily reach the open top chambers in order to warm the chamber. During  
23 this period, we measured a significant increase ( $p < 0.05$ ) in daily mean air temperature of  $1.04 \pm 0.47$   
24 °C, and statistically insignificant increases in surface temperature ( $0.46 \pm 0.26$ ) and soil temperature  
25 ( $0.13 \pm 0.30$  °C) at 5 cm depth (Supplementary Fig. 1). In the latter half of our sampling period (June

1 1 until August 31), the forest canopy closed which resulted in less effective warming, with no  
2 significant differences ( $p>0.05$ ) between the warming and control treatments at any depth. The third  
3 treatment, light addition (referred to as “L”), adds  $23.98\pm 4.40 \mu\text{mol m}^{-2}\text{s}^{-1}$  PAR to the ambient light  
4 conditions ( $7.79\pm 0.68 \mu\text{mol m}^{-2}\text{s}^{-1}$  under fully closed canopy) by use of two 18 W fluorescent tubes  
5 suspended 75 cm above ground level of each plot (Supplementary Fig. 2). This increment in light  
6 availability can be associated to a small forest gap, and could increase carbon assimilation rates in  
7 typical forest understorey plants by three times (Rothstein & Zak 2001). The lights are programmed  
8 to follow the natural photoperiod throughout the year and did not significantly affect air temperatures  
9 (De Frenne *et al.* 2015). Control plots receive ambient light and have a dummy lamppost suspended  
10 over the plot to account for undesired side effects of the lamp installation other than light addition  
11 (e.g. precipitation, interception, see Fig. 1).

## 12 Plant trait and community measurements

13 We measured plant height and SLA in the second growing season of the experiment, from March  
14 2017 to September 2017, at the time of each species’ estimated biomass peak (Table 1). We chose  
15 not to measure reproductive traits (i.e. seed mass) as proposed in the common leaf-height-seed  
16 scheme (Westoby 1998; Laughlin *et al.* 2010). Seed mass and plant height are strongly positively  
17 correlated in the global plant trait spectrum (Thomson *et al.* 2011; Díaz *et al.* 2016; Beckman *et al.*  
18 2018), but also in forest herb species (Verheyen *et al.* 2003). Furthermore, several herbaceous species  
19 in our pool favour clonal reproduction, so that seeding is often limited in these species (Klimešová *et*  
20 *al.* 2016). Finally, these reproductive traits can be intensive to correctly measure and quantify given  
21 our large numbers of test plants (Pérez-Harguindeguy *et al.* 2013).

22 We were able to measure plant height on 3445 survivors of the 7680 initially planted individuals  
23 (45% survival). The number of plant height measurements (i.e. individual survivors) did not depend  
24 on treatment effects (Supplementary Fig. 3). Differences in survival among species existed (Table 1,  
25 Supplementary Table 4). Vegetative plant height was measured as the shortest distance between

1 ground level and the upper boundary of main photosynthetic tissues. This means that we solely  
2 measured foliage height, not inflorescence or seeding height (Pérez-Harguindeguy *et al.* 2013). We  
3 measured plant height using a common folding meter in centimetres up to one decimal place.

4 We measured average specific leaf area (SLA) as the one-sided area of multiple leaves from a single  
5 species in each mesocosm, divided by the oven-dry mass and expressed in  $\text{mm}^2 \text{mg}^{-1}$  (Pérez-  
6 Harguindeguy *et al.* 2013). We collected maximally eight healthy leaves of each species and no more  
7 than two per individual to avoid excessive damage to any individual plant. We only sampled outer  
8 leaves (excluding petioles) because SLA can be strongly affected by light intensity (Pérez-  
9 Harguindeguy *et al.* 2013). The amount of SLA measurements did not vary due to treatments within  
10 any species (Supplementary Fig. 4), while there were larger differences in measured SLA values  
11 between species (Table 1, Supplementary Table 4). The projected area of the leaves was measured  
12 with the *Easy leaf area free* mobile application (Easlon & Bloom 2014) within two hours of picking  
13 the leaves, after taking a picture with a mobile phone (13 MP camera). This open-source software  
14 package can estimate green leaf area in a RGB photograph by counting the total amount of green  
15 pixels and converting this into an area measurement by counting red pixels from a  $4 \text{ cm}^2$  calibration  
16 square provided in the image. After the area measurement ( $\text{mm}^2$ ), each leaf sample was dried in an  
17 oven at  $65^\circ\text{C}$  for 48 hours to ensure constant mass upon weighing (in mg).

18 We measured total vegetation cover (%), which is tightly linked with productivity, leaf biomass and  
19 competition for light (Muukkonen *et al.* 2006). We measured vegetation cover as the one-sided  
20 projection of vegetation in the tray. We measured vegetation cover two times during the experiment:  
21 the first week of May (4<sup>th</sup> of May) and the second week of August (11<sup>th</sup> August). We used digital  
22 RGB photographs of the mesocosms taken perpendicular to the ground surface and the *Canopy Area*  
23 tool that measures green pixels of vegetation and recalculates this into a cover percentage (Easlon &  
24 Bloom 2014).

25 Data analysis

1 All data analysis was performed in R (R Core Team 2019). We performed three analyses to assess  
2 whether trait variation in plant height and SLA within species is a function of 1) vegetation cover, 2)  
3 agricultural land-use history interacting with multiple environmental drivers and 3) a species'  
4 colonisation ability. We consequently addressed within-species trait variation in two ways. First, by  
5 assessing change in mean trait values due to vegetation cover and treatments (hypothesis 1 and 2  
6 respectively). Second, by looking at variability in traits across all measured values via the coefficient  
7 of variation (CV, hypothesis 3). Prior to the analyses, we excluded *Glechoma hederacea* because this  
8 species had fewer than 30 measurements (see Table 1). During the analysis on variation in mean plant  
9 height and SLA (hypothesis 1 and 2), we excluded *Geranium robertianum* because there were too  
10 few measurements to fit the model structure robustly.

11 In the first analysis, we tested whether vegetation cover explains differences in mean plant height and  
12 SLA in each species (hypothesis 1). We calculated separate hierarchical linear mixed – effects models  
13 (package: nlme, Pinheiro *et al.* 2018) for each species to estimate the mean trait value in response to  
14 vegetation cover. The original Region of the soil (8 levels), Community (12 levels) and Plot (96  
15 levels) are separate random effect terms in this structure, i.e. (1|Region) + (1|Community) + (1|Plot).  
16 Adding the “Plot” random effect term was not possible for SLA because of limited degrees of freedom  
17 (SLA is an averaged measure for each species in each mesocosm). The predictor variable is the  
18 average vegetation cover (%) of each mesocosm measured between May 2017 and August 2017. We  
19 checked normality in residuals with a Shapiro-Wilk test (function shapiro.test in stats package, R  
20 Core Team 2019) on each model, and log-transformed the response variable when necessary to  
21 achieve normality in model residuals. Log transforming the response was needed for six species in  
22 plant height and five species in SLA (see Supplementary Table 5). We additionally tested whether  
23 the covariate (Soil type), and two-way interactions (including main effects) of agricultural land-use  
24 history (LU), enhanced light availability (L), nitrogen addition (N) and warming (T) directly  
25 explained variation in total vegetation cover. We used the same hierarchical model structure as  
26 explained above.

1 We tested the second hypothesis by estimating mean plant height and SLA of species in response to  
2 two-way interactions of agricultural land-use history (LU), enhanced light availability (L), nitrogen  
3 addition (N) and warming (T). Concretely, we calculated separate hierarchical linear mixed effects  
4 models (function “lme” in package nlme, Pinheiro *et al.* 2018) for each species with six double  
5 interactions including all four main effects (LU, L, N, T, LU:L, LU:N, LU:T, L:N, L:T, N:T) and an  
6 extra covariate “Soil type”. We included the covariate “Soil type” (three levels: “eutrophic”,  
7 “mesotrophic”, “oligotrophic”) in the models because inherent soil fertility can be a major source of  
8 trait variation, even though it is not one of our focal environmental change predictors. The random  
9 effects structure of these models is the same as in hypothesis 1, with “Region” (8 levels), “Community  
10 combination” (12 levels) and “Plot” (96 levels) included. Prior to computing the tests, we checked  
11 normality assumptions using a Shapiro-Wilk test (function shapiro.test in stats package, R Core Team  
12 2019) on each model accompanied by a qq-plot and histogram on model residuals. We log-  
13 transformed when necessary to achieve normality in residuals, which was the case for seven species  
14 for plant height and six species for SLA (see Supplementary Table 6). We performed ANOVA (F-  
15 test, function “anova” in stats package, R Core Team 2019) on one linear model for each of the  
16 thirteen species per trait, which contain 11 terms per model (four main effects, six double interactions  
17 and one covariate main effect). We applied an adjusted alpha ( $p < 0.007$ ) so that the expected value of  
18 a false positive effect is less than 1 out of the 143 tested terms ( $\alpha = 1/143 = 0.007$ ) for a given  
19 trait. If we had used the common alpha of  $p < 0.05$ , the expected value of interpreting false positive  
20 effects would have been 7 terms ( $143 * 0.05 = 7.15$ ) for each trait.

21 We tested the third hypothesis by calculating the coefficient of variation (CV) for each species across  
22 all measurements of plant height and SLA. We performed linear regression of the CV as function of  
23 the species’ capacity to colonise post-agricultural forest. We used the colonisation capacity index  
24 (CCI) to determine a species ability to successfully colonise post-agricultural forest (Verheyen *et al.*  
25 2003), where more negative values denote a larger capacity to colonise post-agricultural forest. We  
26 calculated the CV in plant height and SLA for the whole range of species’ trait values (so across all

1 treatments) as the ratio of the standard deviation to the estimate of the population mean. The  
2 coefficient of variation is a simple measure for intraspecific trait variation and phenotypic plasticity  
3 in the wide sense, i.e. when traits are not measured on individuals of the same genotype but of the  
4 same species (Valladares *et al.* 2006). As we have computed one CV for each species for the whole  
5 data set, we performed a non-hierarchical linear regression (function “lm” in stats package, R Core  
6 Team 2019) of the species’ coefficient of variation in response to the species’ CCI for both traits  
7 ( $\alpha = 0.05$ ).

## 8 **Results**

### 9 Response of mean traits to vegetation cover

10 In the first analysis, we found that increasing vegetation cover related to changes in mean values of  
11 both plant height and SLA. Vegetation cover (Table 2) was significantly higher on post-agricultural  
12 forest soils (+6.06, se = 1.68), with light addition (+15.88, se = 1.79) and with warming (+8.41, se =  
13 1.83). There was no evidence for interactions between environmental treatments in affecting  
14 vegetation cover. In turn, we found that vegetation cover affected both species’ mean plant height  
15 and mean SLA, while mean plant height was more responsive to vegetation cover than mean SLA  
16 (Figure 2). Ten of the thirteen species had increasing mean plant height estimates with increasing  
17 vegetation cover, all on  $p < 0.001$  (Supplementary Table 5). The largest absolute increase in plant  
18 height occurred in *Urtica dioica*, also the fastest coloniser into post-agricultural forest (most negative  
19 CCI). Its predicted mean plant height was 15.8 cm (95% confidence interval (CI): 8.4– 29.7 cm) at  
20 the lowest community cover (36%) and 41.6 cm (95% CI: 22.2 - 78.0 cm) at the highest community  
21 cover (96%). This is, over the range of total cover values that it occurred in, a relative increase in  
22 mean plant height of 160%. However, the largest relative increase was a five-fold increase in mean  
23 plant height that occurred in *Ficaria verna*. The model results show that this species increased its  
24 mean plant height from 1.9 cm (95% CI: 1.05 – 2.83 cm) at 9 % total cover to 10.6 cm (95% CI: 8.7  
25 – 12.5 cm) when the vegetation cover was 97 %.

1 For SLA, we found both significant increases and decreases in response to community vegetation  
2 cover depending on the species. Species mean SLA decreased significantly in four species  
3 (*Aegopodium podagraria*, *Poa nemoralis*, *Vinca minor*, *Carex sylvatica*) and increased in two  
4 (*Ficaria verna*, *Hyacinthoides non-scripta*) in response to vegetation cover. However, the slopes were  
5 not as pronounced as for the plant height response (Figure 2) with 30 % as a maximal decrease of  
6 SLA for both *Aegopodium podagraria* and *Carex sylvatica*. The significant increases occurred within  
7 a similar magnitude of 31% for *Ficaria verna* and 30% for *Hyacinthoides non-scripta*  
8 (Supplementary Table 5).

## 9 Response of mean traits to environmental treatments

10 Plant height increased in response to the environmental treatments and agricultural land-use history  
11 across several species ( $p < 0.007$ , see Supplementary Table 6 for p-values). The pattern in significant  
12 responses (Fig. 3) shows that a total of six species had significant plant height responses (excluding  
13 the Soil type covariate), which mostly occurred in slow-colonising species (5 species), compared to  
14 fast-colonising species (1 species). However, the covariate “Soil type” significantly affected plant  
15 height in three species, all relatively fast colonisers based on CCI. The most important significant  
16 ( $p < 0.007$ ) main effect in the plant height response was that of light addition which increased plant  
17 height for four species (Fig. 4A, Supplementary Table 7). The largest relative increase in mean plant  
18 height to light was found in *Urtica dioica* (+65%) followed by *Carex sylvatica* (+40%), *Anemone*  
19 *nemorosa* (+28%) and *Hyacinthoides non-scripta* (+19%). Nitrogen addition did not affect any  
20 species. Agricultural land-use history and warming each affected mean plant height of one species.  
21 *Galium odoratum* responded positively to agricultural land-use history with a relative increase in  
22 mean plant height of 15% (Fig. 4B and Supplementary Table 7). *Vinca minor* responded positively  
23 to warming as a main effect with a relative increase of 2% (Fig. 4C, Supplementary Table 7).  
24 However, the warming effect depended on light addition; when added together, its height increased



1 by 33%. This was the only interaction that we found in the analysis across all considered species (Fig.  
2 4D, Supplementary Table 7).

3 Specific leaf area (SLA) had less significant responses to the environmental treatments and  
4 agricultural land-use history than plant height (Fig. 3). The most common significant ( $p < 0.007$ ) main  
5 effect was of warming. Warming increased SLA by 11% for *Hyacinthoides non-scripta*, by 9 % for  
6 *Anemone nemorosa* and by 10% for *Ficaria verna*. Warming negatively affected SLA of *Carex*  
7 *sylvatica* with a decrease of 6% (Fig. 4E, Supplementary Table 7). Light addition had a significant  
8 negative main effect for two species: *Carex sylvatica* with a 15% decrease and *Polygonatum*  
9 *multiflorum* with a 10% decrease (Figure 4F, Supplementary Table 7). SLA within species did not  
10 respond to N addition and the forest land-use history and there were no significant interactions. In  
11 summary, SLA increased in response to warming in the early flowering species *Hyacinthoides non-*  
12 *scripta*, *Anemone nemorosa* and *Ficaria verna*. Conversely, SLA decreased in late-flowering species,  
13 in response to both light and warming (separately) for *Carex sylvatica*.

#### 14 ITV in relation to a species' colonisation capacity

15 In the final analysis (Fig. 5), we found that the coefficient of variation (CV) for plant height was  
16 highest ( $p = 0.001$ ,  $R^2 = 0.61$ ) for species that exhibit fast colonisation into post-agricultural forest  
17 (negative values in the colonisation capacity index, CCI). CV for plant height ranged from 0.29 for  
18 the slow colonising *Galium odoratum* to 0.71 for the fast colonising *Poa trivialis*. CV for SLA ranged  
19 from 0.12 for the slow colonising *Anemone nemorosa* to 0.33 for the fast-colonising *Aegopodium*  
20 *podagraria*, but this response of SLA to the species' colonisation capacity index was statistically not  
21 significant ( $p = 0.50$ ,  $R^2 = 0.038$ ). Fast colonisers into post-agricultural forest thus show more  
22 intraspecific variation in plant height as measured by CV than slow colonisers across the whole trait  
23 range, but not in SLA.

# 1 **Discussion**

2 We found that variation in plant height and SLA of forest herbs under environmental change related  
3 to the trait's function. A general observation is that trait values of most species did not respond to  
4 more than one main effect of a treatment. Interactions between the multiple environmental treatments  
5 were hardly important in explaining variation in mean trait values of species. However, generalizable  
6 patterns in plant height and SLA responses arose across species. Mean plant height values increased,  
7 as vegetation cover increased in response to light addition, warming and agricultural land-use history.  
8 The coefficient of variation (CV) for plant height was larger in fast colonising species. Contrastingly,  
9 changes in mean SLA only occurred within selected species to improve light acquisition in shaded  
10 conditions. These individualistic, functional trait responses to single factors benefit a particular  
11 species' growth in the short term (Garnier *et al.* 2016). Our results suggest that 1) variation in plant  
12 height relates to a greater vegetation cover in brighter conditions and largely benefits fast colonisers,  
13 and 2) changing SLA is beneficial for species that have acclimatised to shaded conditions in forests,  
14 i.e. vernal geophytes and shade-tolerant species.

## 15 **Intraspecific variation in plant height**

16 The variability in mean plant height could benefit growth, light acquisition and dispersal (Moles *et*  
17 *al.* 2009). Plant size differences between individuals in communities can be an outcome of  
18 asymmetric competition for light (DeMalach *et al.* 2016) as individuals invest in height to  
19 disproportionately capture light from neighbours when vegetation becomes denser (Freckleton &  
20 Watkinson 2001). We observed that mean vegetation cover of the community increased from 40% to  
21 75 % due to combined effects of primarily light addition, followed by warming and an agricultural  
22 land-use history. As the vegetation became denser and increased to maximal cover, individuals of 10  
23 out of 13 species nearly doubled in mean plant height. This plant height response to vegetation cover  
24 was stronger than the plant height response of species to environmental change directly. This  
25 observation could indicate that competition mediated by larger vegetation cover better explains plant

1 height change than altered environmental conditions per se. A large meta-analysis on functional trait  
2 variation in forest herbs also found that changing vegetation cover, due to environmental change or  
3 otherwise, was a strong predictor for larger plant height values in forests herbs (Burton *et al.* 2017).

4 Light was the main driver for mean plant height increases and affected four out of thirteen species.  
5 Lemke *et al.* (2015) also found that plant height increased in response to light availability, but only  
6 in a graminoid and not in a forb. Warming was of minor importance and affected one out of thirteen  
7 species. We had expected that more plant species would respond positively to warming, given that  
8 individuals of forest herb species are taller in warmer areas of their range (Kollmann & Bañuelos  
9 2004; De Frenne, Graae, *et al.* 2011; De Frenne *et al.* 2014; Lemke *et al.* 2015). Agricultural land-  
10 use history and N addition barely affected plant height values. This suggests that, in general, nutrient  
11 availability was less limiting than light availability. Adding the equivalent of ca. 50 kg N ha<sup>-1</sup>yr<sup>-1</sup> (the  
12 equivalent of N deposition near a point source, e.g. a pig farm) yielded limited individualistic plant  
13 responses. This is likely due to a high ambient N deposition (15.5 kg N ha<sup>-1</sup>yr<sup>-1</sup>) which already falls  
14 within the critical load range (10 – 20 kg N ha<sup>-1</sup>yr<sup>-1</sup>) for temperate broadleaved forest (Bobbink *et al.*  
15 2015). However, including the inherent soil fertility as a covariate in the analysis did explain mean  
16 plant height differences in three species. This suggests that pH – influenced nutrient availability can  
17 be an important driver for trait variation as well (Siefert 2012). Other studies suggest that nutrient  
18 enrichment from N addition or agricultural land-use history can increase height of forest herb  
19 individuals, with a taller plant community as a result (Baeten *et al.* 2010; Tatarko & Knops 2018).  
20 However, many of these studies were performed on individual species growing in pots, rather than in  
21 a field community such as in our study. The relatively few responses of plant height to environmental  
22 change directly could thus exemplify that community properties (i.e. vegetation cover) determine an  
23 individual's short-term response to environmental change (Bennett *et al.* 2016).

24 We also found that the variability in plant height values (CV) was larger within species with a good  
25 colonisation capacity into post-agricultural forest than within slow colonisers. For fast-colonising

1 wind-dispersers, plasticity in height is important to disperse seed further than neighbouring plants  
2 (Thomson *et al.* 2011) apart from the benefits it yields in capturing light (Freckleton & Watkinson  
3 2001). Slow colonising forest herbs would need to invest less in above-ground biomass to disperse,  
4 as bud banks are more common for multiplication (Klimešová *et al.* 2016; Ott *et al.* 2019). Overall,  
5 these findings suggest that variation in plant height largely benefits fast colonisers when vegetation  
6 cover is high.

## 7 Intraspecific variation in specific leaf area (SLA)

8 SLA is a functional trait that is related to trade-offs in photosynthetic machinery and the associated  
9 leaf economics spectrum (Wright *et al.* 2004). We observed responses of SLA in selected species that  
10 typically perform photosynthesis in shaded temperate forest, while we did not find a clear relation  
11 between colonisation capacity and the CV of SLA in a species. SLA responded only to light and  
12 warming, and solely in shade-avoiding geophytes or shade-tolerant plants that grow under the closed  
13 canopy (Verheyen *et al.* 2003; De Frenne, Baeten, *et al.* 2011). Interestingly, within-species SLA can  
14 both increase or decrease in response to a gradient going from shady to sunny conditions (Garnier *et*  
15 *al.* 2016). We observed both directions in our study, given contrasting species responses to warming  
16 and light addition respectively.

17 Growing temperatures can positively affect SLA of individuals (Atkin *et al.* 2006). This relationship  
18 for forest herbs has been established along latitudinal (De Frenne, Graae, *et al.* 2011) and elevation  
19 gradients (Midolo *et al.* 2019) where lower SLA is expected at colder, higher latitudes and altitudes.  
20 The increasing mean SLA in response to warming of the early flowering geophytes *Hyacinthoides*  
21 *non-scripta*, *Anemone nemorosa* and *Ficaria verna* would thus be advantageous for these spring-  
22 flowering geophytes. These are the three earliest species in our species pool to reach their peak  
23 biomass during the growing season, and need to withstand frosty nights in early spring to sustain  
24 growth. A common response to low air temperatures in plants is to have thicker leaves, which raises  
25 leaf mass (Pérez-Harguindeguy *et al.* 2013) but invokes an important mass-investment trade-off

1 considering the short life-span of their leaves (Wright *et al.* 2004; Jagodziński *et al.* 2016). Our three  
2 vernal species likely benefitted from the 1°C increase in air temperature because they decreased leaf  
3 thickness, and thus mass investments, which yields a higher photosynthetic surface area per unit of  
4 mass investment (SLA). Conversely, we found that SLA decreased in response to light for *Carex*  
5 *sylvatica* and *Polygonatum multiflorum*, shade-tolerant species that flower under closed canopies in  
6 ancient forests (Wulf 1997; Bossuyt *et al.* 1999). Shade tolerant species are generally not plastic in  
7 leaf physiology, but can be in leaf morphology (Wright *et al.* 2004; Milla & Reich 2007; Valladares  
8 & Niinemets 2008). Individual plants usually develop a higher SLA when grown under low light  
9 conditions (Reich *et al.* 2003; Rozendaal *et al.* 2006; Feng & Van Kleunen 2014; Liu *et al.* 2016) to  
10 optimize light capture and carbon gain in those environments (Evans & Poorter 2001). A lower SLA  
11 of the shade-tolerant species *Carex sylvatica* and *Polygonatum multiflorum* within the light treatment  
12 followed this pattern.

13 We found limited effects of N addition and agricultural land-use history on SLA of species. Other  
14 studies suggest that intraspecific SLA either has a limited or positive response to enhanced nutrient  
15 availability due to agricultural land-use history (Siefert 2012; Siefert & Ritchie 2016) or N addition  
16 (Zhou *et al.* 2018; Firn *et al.* 2019). In any case, leaf nutrient content and leaf dry matter are more  
17 consistent in predicting leaf trait variation in response to larger nutrient availability (Smart *et al.* 2017;  
18 Firn *et al.* 2019). SLA of multiple forests herbs have been found to be highly sensitive to a changing  
19 light availability, which makes SLA a relatively unreliable predictor of altered nutrient availability  
20 (Burton *et al.* 2017).

## 21 Perspectives on trait variation in a changing world

22 Our experimental design allows disentangling of multiple environmental change treatments on trait  
23 expressions of typical forest herb species. A major outcome of this experiment is the lack of  
24 treatment interactions on intraspecific trait values. Instead, simple univariate treatment responses of  
25 height and SLA were detected. Patterns in plant species growth responses to warming (Hollister *et*

1 *al.* 2005), light availability (Rozenaal *et al.* 2006) and high nutrient availability (Fynn & O'Connor  
2 2005) have long been shown to be dependent on the species, suggesting different limiting factors  
3 for plant species that naturally occur in the same communities (Chapin & Shaver 1985). Such  
4 selective plant responses to our considered environmental factors imply a “Gleasonian” perspective  
5 regarding plant responses to global change and its effect on community organisation: one where  
6 individualistic trait expressions to simple environmental factors determines the interactions between  
7 species (Gleason 1926; Nicolson & McIntosh 2002; Götzenberger *et al.* 2012). This individualistic  
8 perspective could however pose a gross underestimation of the complex multidimensional  
9 interactions between energy and nutrients, consumers and competitors, and time, in affecting  
10 plasticity of traits in observed communities (Westneat *et al.* 2019). Our experimental approach did  
11 allow us to unravel the importance of drivers that are entangled in the natural world. Important  
12 entangled factors are light availability and warming in forest gap conditions, and species  
13 composition of understorey communities due to agricultural land-use history. This disentangled  
14 view showed that vegetation cover responded to environmental change and in turn affected trait  
15 values of species. Individualistic species responses further promoted ITV due to changing resources  
16 and conditions.

17 Apart from competition in the community affecting ITV (Bennett *et al.* 2016), species richness effects  
18 on ITV could occur as well as a result of resource partitioning (Lipowsky *et al.* 2015). We did not  
19 look into these effects by keeping a constant species richness across communities at the time of  
20 planting (5 species); this was not to inflate the experimental design. We also did not look into genetic  
21 variation within species, as the component of genetic variation and local adaptation in ITV generally  
22 becomes more prominent at larger geographical scales (Albert *et al.* 2011; Lajoie & Vellend 2015;  
23 Moran *et al.* 2016; Veresoglou & Penuelas 2019). However, it is likely that local adaptation in species  
24 across a large geographical gradient could alter various trade-offs between functional traits within  
25 those species (Oldfather 2019). Such genetic variation between populations of species could  
26 consequently influence the magnitude of ITV in response to environmental change (Kahl *et al.* 2019).

1 Against our expectations, this short-term mesocosm experiment barely revealed any interactive  
2 effects between the multiple treatments on plant trait variation. This lack of interaction on the short-  
3 term does not imply that such interactive effects are not important for functional trait responses to  
4 global change. It rather shows the complementary of experimental research to long-term vegetation  
5 resurveys (Verstraeten *et al.* 2013; Perring, Diekmann, *et al.* 2018; Perring, Bernhardt-Römermann,  
6 *et al.* 2018) or mechanistic modelling approaches (Dirnböck *et al.* 2017; Landuyt *et al.* 2018). Long-  
7 term experiments, vegetation resurveys and modelling are perhaps better suited to unravel such long-  
8 term interactive effects between global change drivers on understorey trait variation (Luo *et al.* 2011;  
9 Verheyen *et al.* 2017). Most probably, interactions between the treatments in this experiment could  
10 emerge after prolonged time when resources and conditions other than light become more limiting  
11 (Oliver & Morecroft 2014).

## 12 Conclusions and future directions

13 It is known that estimating ITV in response to land-use legacies (Siefert & Ritchie 2016) and  
14 environmental change (Bolnick *et al.* 2011; Albert *et al.* 2011) can be important for predicting the  
15 future of plant communities. Here we assessed ITV in plant height and SLA of forest herbs with  
16 different colonisation abilities and affinity to forest habitat, in response to community growth and  
17 multiple environmental changes, and on a distinct local scale via a manipulative experiment. Contrary  
18 to our expectations, we found that interactions between environmental drivers were not important in  
19 explaining variation in traits. A lack of interactive treatment effects could suggest that traits respond  
20 individualistically to single factors that benefit a species' growth. We showed that increases in within-  
21 species mean plant height relate to a greater vegetation cover in brighter conditions, and largely  
22 benefitted fast colonisers. Trait variation in SLA promoted species that are acclimated to shaded  
23 conditions in forests, as within-species mean SLA distinguished between shade-avoiding vernal  
24 species, given their response to warming, and shade-tolerant species, given their response to light  
25 addition.

1 The responses in plant height and SLA occurred after one growing season following herb layer  
2 introduction in the experimental communities. Understorey plant responses to environmental change  
3 remained individualistic for now, but with decades of time after the initial trait response (Gross *et al.*  
4 2009), these patterns could reveal how community assembly veers towards fast-growing and fast-  
5 colonising species in disturbed forests when light availability is high. When typical forest herbs would  
6 be introduced in such disturbed forests, these could be excluded from community assembly in the  
7 long run by more generalist species (see Baeten and Verheyen, 2017). Patterns in ITV at initial stages  
8 of plant species establishment could thus potentially reflect the trajectory in community assembly  
9 after prolonged time.

## 10 **Author contributions**

- 11 • HB, PDF, EDL, LD, SLM, MPP and KV designed the study. SG and PV added conceptual  
12 views in a later stage of the study.
- 13 • HB and EDL collected the data.
- 14 • HB performed statistical analyses, with significant inputs from MPP, DL and KV.
- 15 • HB led the writing of the manuscript, with significant inputs from MPP and KV. All authors  
16 provided comments on the manuscript at several stages in its development.

## 17 **Data archiving**

18 Data will be made available via <http://www.pastforward.ugent.be/data.html>

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5

## 6 Tables

7 Table 1: Pool of 15 species used in the experiment and their most important attributes. Scientific names are drawn from the plantlist.org. Number of  
 8 measurements (N) for height (maximum 512) and SLA (maximum 128) are given. The colonisation capacity index (CCI, see Verheyen *et al.*, 2003)  
 9 indicates the affinity of a species with ancient forest (positive values) and ranged from 100 (slow colonisation into post-agricultural forest) to -100 (fast  
 10 colonisation). We classified these species in three groups based on our expert knowledge, guided by the CCI and whether a species can be specified as a  
 11 forest habitat specialist (Heinken *et al.* 2019). Group A are poor colonisers and forest specialists, Group B are intermediate colonizers of post-agricultural  
 12 forest and not strictly forest specialists, and group C are fast colonising and generalist nitrophilic species with a large negative CCI. Plant material used  
 13 at the time of planting is indicated as well (March 2016), which all came from adults of perennial species to ensure that the trait values we measured  
 14 would come from individuals at the same life stage. Symbols denote the origin of the plant material, and is either from an organic horticultural nursery  
 15 (°, ECOFLORA, Belgium) or the native population in Brakelbos (\*) and the Aelmoeseneie forest (\*\*\*) in Belgium.

Scientific name	Group	% survivors	N (Height)	N (SLA)	Life form	Peak biomass	CCI	Forest specialist?	Plant material
<i>Hyacinthoides non-scripta</i> (L.) Chouard ex Rothm	A	51%	263	100	Geophyte	May	100	Yes	Bulb°
<i>Galium odoratum</i> (L.) Scop.	A	76%	387	102	Hemicryptophyte	June	95	Yes	Whole plant°
<i>Anemone nemorosa</i> L.	A	28%	142	63	Geophyte	April	77	Yes	Rhizome°
<i>Carex sylvatica</i> Huds	A	82%	422	114	Therophyte	July-August	74	Yes	Whole plant°
<i>Vinca minor</i> L.	A	72%	369	109	Chamaephyte	May-June	33	Yes	Whole plant°
<i>Polygonatum multiflorum</i> (L.) All.	A	75%	383	122	Geophyte	May-June	15	Yes	Rhizome°
<i>Ajuga reptans</i> L.	B	19%	99	37	Hemicryptophyte	June	60	No	Whole plant°
<i>Hedera helix</i> L.	B	29%	147	67	Chamaephyte	July-August	50	No	Whole plant°
<i>Poa nemoralis</i> L.	B	59%	301	96	Hemicryptophyte	May-June	29	No	Whole plant*
<i>Ficaria verna</i> Huds.	B	85%	434	108	Geophyte	March	11	No	Root nodule**
<i>Glechoma hederacea</i> L.	B	2%	12	4	Hemicryptophyte	June	-5	No	Whole plant°
<i>Geranium robertianum</i> L.	B	10%	50	21	Hemicryptophyte	June-July	-9	No	Whole plant°
<i>Aegopodium podagraria</i> L.	C	34%	175	71	Hemicryptophyte	August-September	-45	No	Rhizome**
<i>Poa trivialis</i> L.	C	35%	179	64	Hemicryptophyte	May-June	-67	No	Whole plant°
<i>Urtica dioica</i> L.	C	16%	82	47	Hemicryptophyte	August-September	-71	No	Rhizome**
<b>Total</b>			<b>3445</b>	<b>1125</b>					

17

18 Table 2: Model fit of the significant ( $p < 0.05$ ) treatments that influenced mean vegetation cover (%). Estimates with standard error (S.E.), denominator  
19 degrees of freedom (D.F.), F-value and p-value are given for the model terms. The three fixed effect terms were the two-level terms Land-use history  
20 (LU), Light treatment (L) and Temperature treatment (T) which together explained less than 20% of variation ( $R^2_m = 0.17$ ). 65% of the variation is  
21 accounted for when including the random effect terms ( $R^2_c$ ), i.e. Region of soil, Plot and community combination. The intercept term is the average  
22 intercept across random effect terms and is the estimate for an Ancient forest soil with control treatments for light and warming.

<b>term</b>	<b>Estimate</b>	<b>S.E.</b>	<b>D.F.</b>	<b>F-value</b>	<b>p-value</b>
<b>Intercept</b>	43.15	3.40	276	376	<0.0001
<b>Post-agricultural</b>	+6.06	1.68	9	12	0.0074
<b>Light addition</b>	+15.88	1.79	276	79	<0.0001
<b>Warming</b>	+8.41	1.83	276	21	<0.0001

23

24

## 1 **Figure legends**

2 **Figure 1: Images of the multifactor experiment, showing mesocosms in groups of four combined**  
3 **as a “plot”.** **Panel A.** Overall view of the fenced area in the Aelmoeseneie forest (Belgium). **Panel**  
4 **B.** A plot with a factorial combination of Warming and Light addition. **Panel C** Singular treatment  
5 of Light addition, with a temperature sensor to measure air temperature. **Panel D.** Control treatment  
6 where the plot receives ambient conditions. Plots that receive the N enrichment treatment are not  
7 discernible in the field.

8 **Figure 2. Plant height (panel A) is more responsive to total vegetation cover than SLA (panel**  
9 **B) across species.** Results of the within species linear mixed effects models testing plant height and  
10 SLA in response to total vegetation cover in a mesocosm. Significance levels are 0.05\*, 0.01\*\* and  
11 0.001\*\*\*. The lines are the average predicted values of the linear mixed effects model for each  
12 species (either normal or log-transformed response). Marginal R<sup>2</sup> (R<sup>2</sup>m) are given, which denote the  
13 model fit on the only fixed effect (vegetation cover). Species are ordered on colonisation capacity  
14 index (CCI) with the fastest colonisers into post agricultural forest on top and hues ranging from  
15 purple-blue-yellow from fast to slow colonisers.

16 **Figure 3: Species selectively respond to environmental change in both plant height (panel A)**  
17 **and specific leaf area (SLA) (panel B).** Results of the ANOVA ( $p < 0.007$ ) testing two-way  
18 interactions of the forest’s land-use history (LU), light availability (L), nitrogen addition (N) and  
19 warming (T). We applied an adjusted alpha ( $p < 0.007$ ) so that the expected value of a false positive  
20 effect is less than 1 out of the 143 tested terms ( $\alpha = 1/143 = 0.007$ ). Species are ordered on  
21 colonisation capacity index (CCI) with the fastest colonisers into post-agricultural forest on top.

22 **Figure 4: Significant effects ( $p < 0.007$ ) of the experimental treatments on within-species plant**  
23 **height (A-D) and SLA (E-F).** Panels are illustrations to the significant effects shown in Figure 3.  
24 Species are ordered on colonisation capacity index (CCI) with faster colonisers into post-agricultural  
25 forest on the left.

26 **Figure 5: Faster colonisers into post-agricultural forest exhibit significantly higher ITV, for**  
27 **plant height (panel A) but not SLA (panel B).** Coefficient of variation for plant height (panel A)  
28 and specific leaf area (panel B) for each species in regression (95% CI) to that species’ colonisation  
29 capacity index (CCI). CCI values closer to 100 indicate higher affinity for ancient forest; values closer  
30 to -100 indicate a faster colonisation into post-agricultural forest (Verheyen *et al.*,  
31 2003).

Figures

Fig. 1

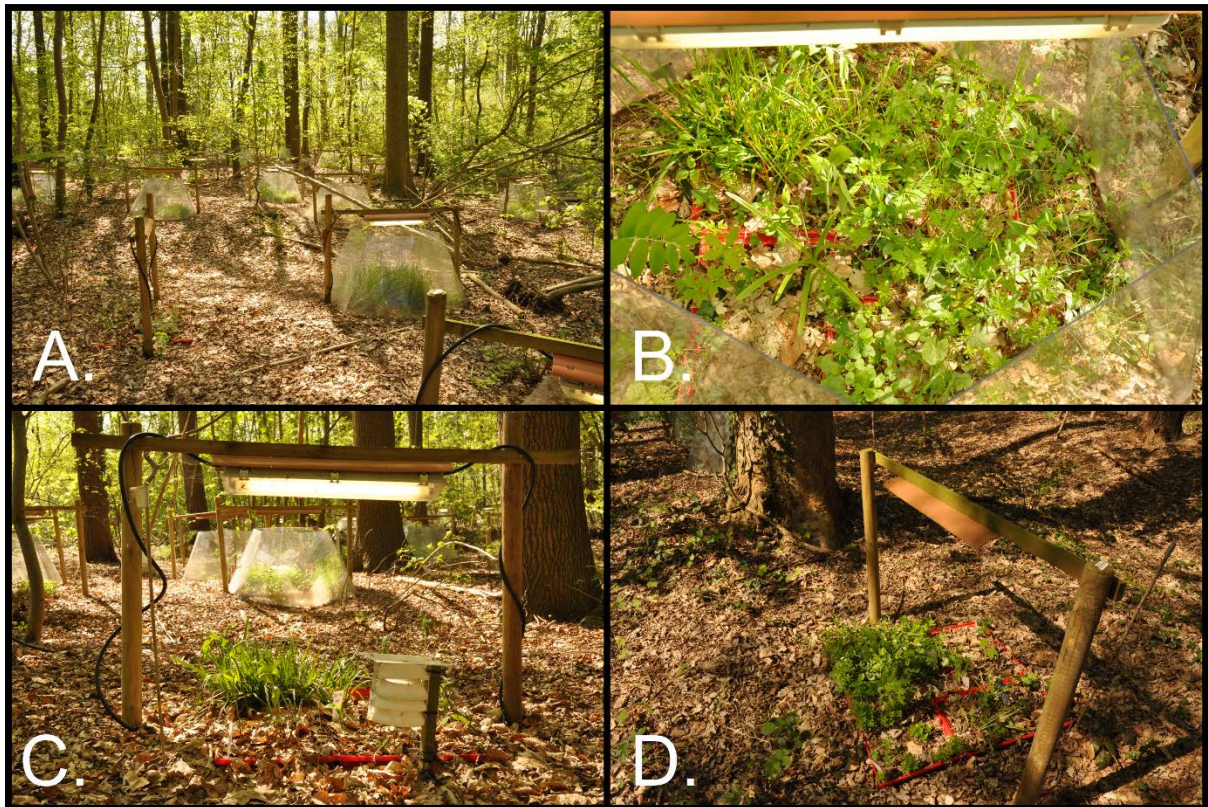


Fig. 2

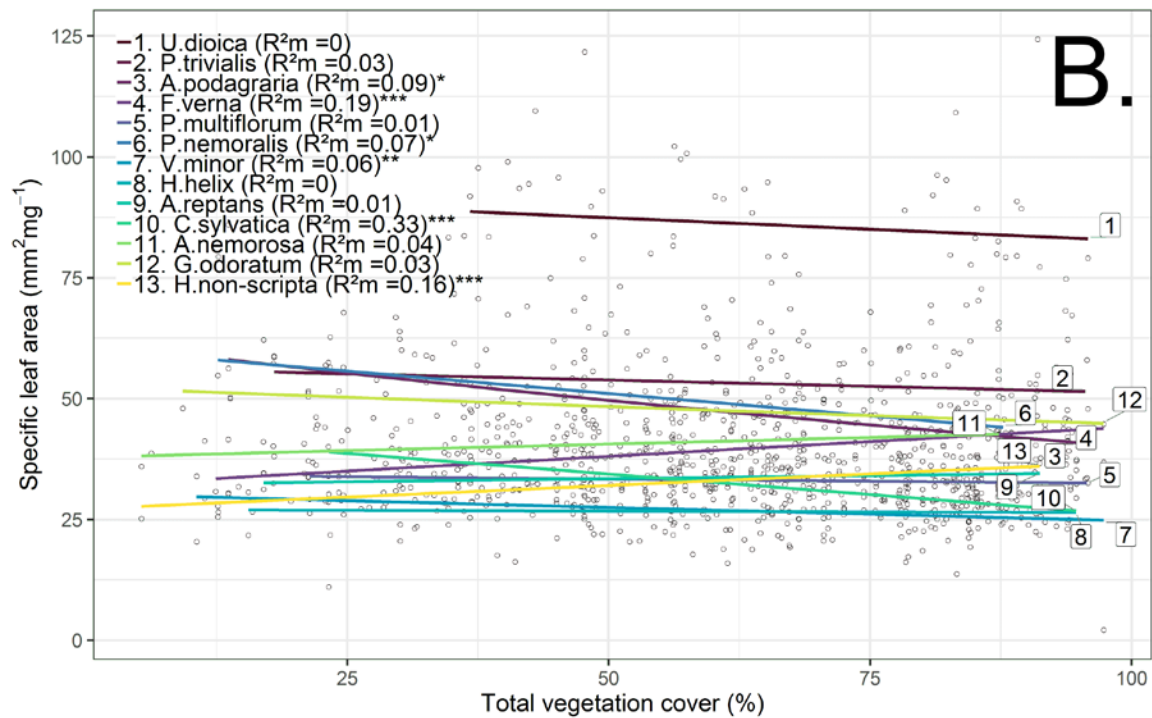
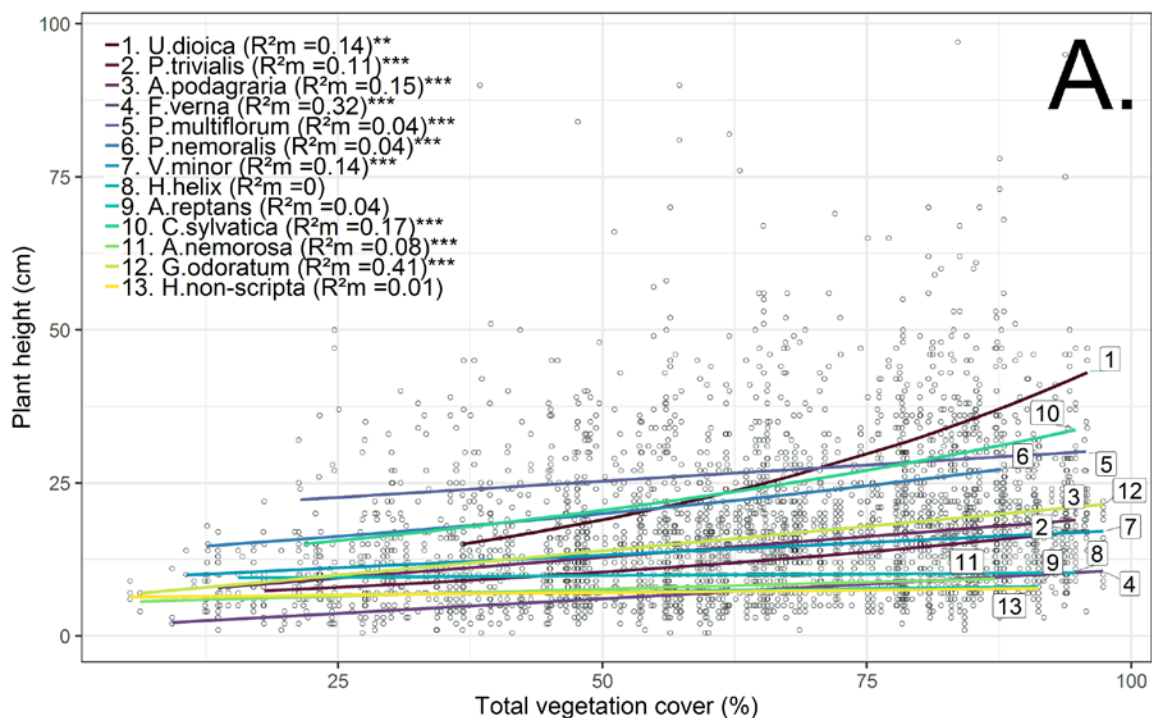
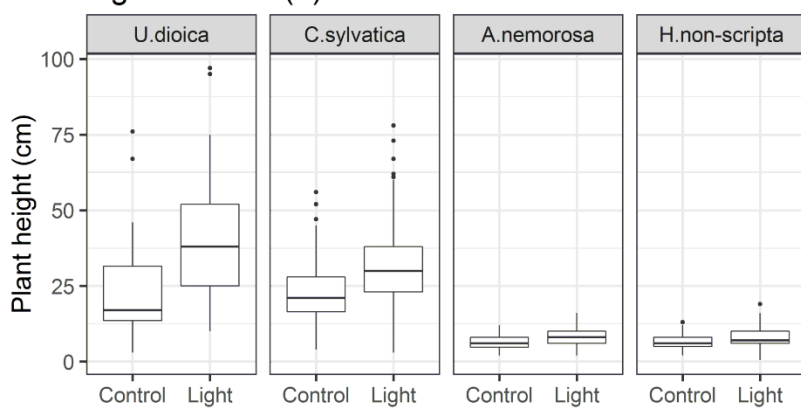




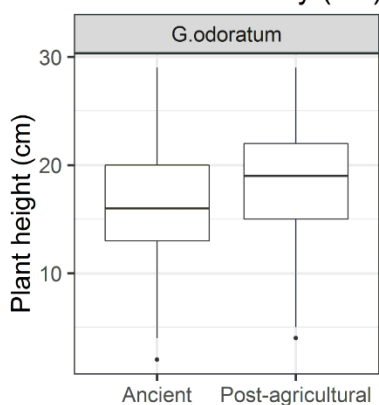
Fig. 4

## Significant Plant height effects

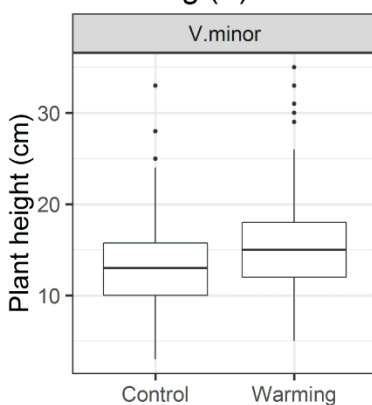
### A. Light addition (L)



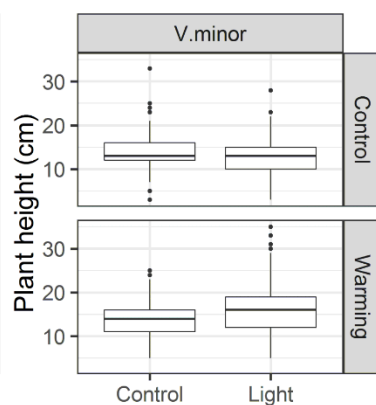
### B. Land-use History (LU)



### C. Warming (T)

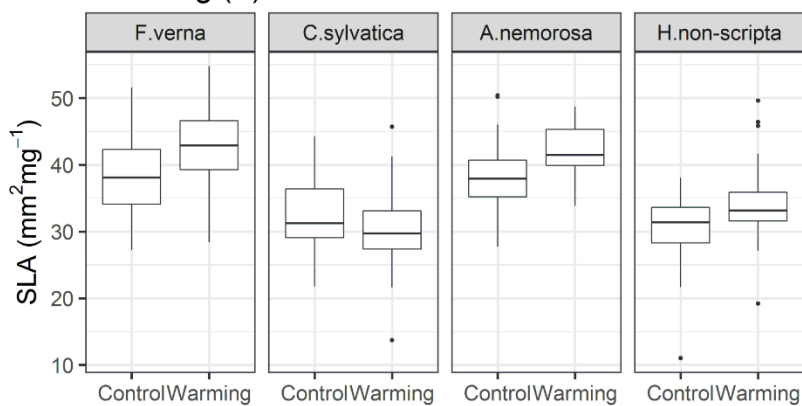


### D. Interaction of L\*T



## Significant SLA effects

### E. Warming (T)



### F. Light addition (L)

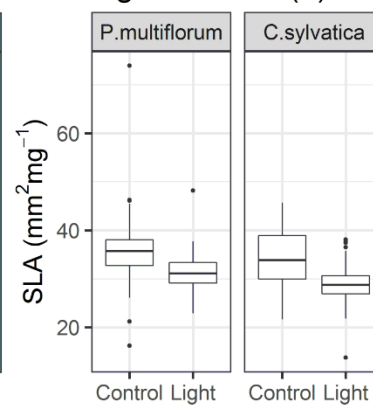




Fig. 5

